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STIC NEWSLETTER

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This newsletter is a publication prepared by St Theresa International College (STIC)'s Office of the President, with the purpose of promoting understanding and cooperation in teaching, learning and research, in order to achieve internationally recognized standards.

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Wai Khru Ceremony



to you, Madam Theresa





"Good Manners" contest



Meeting to establish the STIC Alumni Committee





Orientation for STIC International Students



Winners of the 2014 STIC Prince and **Princess Competition**

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Happy Birthday Dr. Piyada, July 18, 2014



HAPPY BIRTHDAY TO YOU!



Blood Donation



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WAI KHRU CEREMONY





On June 26, 2014 Madam Dr. Theresa Virachanee Phromsutorn, Vice Chairperson of St Theresa International College Council graciously presided over the Wai Khru Ceremony for Academic Year 2014 in the Joseph Marie Auditorium.

The Wai Khru ceremony is a Thai ritual in which students pay respect to their teachers in order to express their gratitude and formalize the student–teacher relationship. It is regularly held near the beginning of the school year in most schools, colleges and universities in Thailand.

Wai Khru has long been an important ceremony in the traditional martial arts and performing arts, as well as in astrology, Thai massage and other traditional arts; students and performers of Muay Thai and Krabi Krabong, as well as Thai dance and classical music, will usually perform a Wai Khru ritual at their initiation as well as before performances to pay respect and homage to both their teachers and the deities who patronize their arts.

The rituals of Wai Khru are believed to have derived from ancient animistic beliefs, influenced by the spread of Brahmanism from India. This is evident in the Wai Khru ceremonies of traditional dance and music, where specific mention is made of Ishvara in Thai Massage, where specific mention is made to Shivaga Komarpaj and Narayana, along with of other Vedic deities. Wai khru has long existed as a folk tradition, passed on from generation to generation.



The Wai Khru ceremony in its modern form, which is held in most schools, colleges and universities today, originated at Triam Udom Suksa School in 1941. The sarabhañña chant was written by Thanpuying Dussadee Malakul Na Ayutthaya (the wife of ML Pin Malakul, director of the school at the time).





The Wai Khru ceremonies which take place in most educational institutions in Thailand today generally follow the same form. The ceremony usually begins with a religious ritual like Buddhist or Christ ceremonies in other institutions. In Thailand where Buddhism is observed as the official religion, followed by the students' recitation of the Wai Khru chant, which expresses respect for and gratitude to the teachers, and asks for the teachers' blessing of their studies.

Following this, a select number of students, usually the representatives of each class, will present the teachers with offerings of flowers, candles and joss sticks arranged on phan (traditional Thai pedestalled trays). This is usually followed by a speech by the head teacher offering the students guidance in their academic career. Many institutions also present student awards and honours during the ceremony.



The traditional offerings for Wai Khru symbolize student qualities, namely:



Ixora (khem,) flowers, which while closed form pointed buds, symbolizing sharp wit,



Cynodon dactylon (ya phreak), or Bermuda grass), the rapid growth and resilience of which symbolize perseverance and the ability to learn,



Popped rice (khao tok), which symbolizes discipline, and Eggplant flowers, which bow low when near fruiting time, symbolizing respect and humility.



(Reference Sources: Wikipedia, the Free Encyclopedia both Thai and English)

Photo shows: Student representatives present their teachers / lecturers with offerings during the Wai Khru ceremony in the Joseph Marie Auditorium, St Theresa International College on June 26, 2014.



HAPPY BIRTHDAY TO YOU, MADAM THERESA



On the June 26, 2014 it was the 66th birthday of Madam Dr. Theresa Virachanee Phromsuntorn, the Vice Chairman of St Theresa International College Council.

"I thank all of you; all the lecturers, staff and students," she said to the hundreds of well-wishers gathered at the Wai Khru Ceremony held at the Joseph Marie Auditorium on the morning of June 26, 2014







"I'm happy to hear what you have said to me today, and I believe that today is one of the best days for me, as well as one the best times in my life."

"God bless you, I think the time flies....however we get to live longer, I wish you all my best with great care and kindness,

"Thank you all and, especially thank you to Ajarn Vipa, Ajarn Poonsook, Dr. Chaipat (my son in law) and to my daughter Dr. Piyada, the Student Union chairman Mr. Chalaremporn, and everyone else, especially including the wonderful dancers and their instructors for this auspicious and wonderful occasion,

"All these activities make me really happy", she remarked.

God bless you from all walks of life, please enjoy happiness and success among the lecturers and students who are now under the umbrella of St Theresa International College.

Thank you so very much



A contest project for "good manners" to help preserve Thai culture in an educational institution was held by the Office of Student Affairs, St Theresa International College at the Exhibition Hall, Joseph Marie Auditorium on August 13, 2014. There, 15 St Theresa students participated in the contest which was judged by committee members from both inside and outside the College.







MEETING TO ESTABLISH THE STIC ALUMNI COMMITTEE



Ajarn Group Captain Lumduan Charoensombat, Assistant to Vice President for Administrative and Student Affairs chaired the first meeting of STIC staff and some alumni at the Maria Therese Meeting Room of St Theresa International College on August 9, 2014. The meeting was held with the aim to discuss further the foundation of the STIC Alumni Club along with a decision about who would be president and who would be on the working committee. (Its president and working committee).

ORIENTATION FOR STIC INTERNATIONAL STUDENTS



Dr. Chaipat Wattanasan, Vice President for Academic Affairs, St Theresa International College and Asst. Prof. Dr. Poonsook Kitratporn, Dean of Faculty of Humanities and Social Sciences co-chaired an orientation session held on July 21, 2014 for the international students from the Philippines and Myanmar, who are now enrolled at the College. The session was organized in the Maria Therese Meeting Room.





WINNERS OF THE 2014 STIC PRINCE AND PRINCESS COMPETITION





On July 18, 2014 at St Theresa International College the Council's Vice Chairperson Dr. Theresa Virachanee Phromsuntorn, presided over the Opening Ceremony of the STIC Prince and Princess 2014 Night. The competition was held in the Joseph Marie Auditorium.

After the final round of the competition the STIC Council Vice Chairperson Dr. Theresa Virachanee and the Vice President for Administrative and Student Affairs Ajarn Suwat Benjathammathorn presented the winners with their sashes, cups and awards.

Ms Jilla Watthana-aungkul and Mr. Patcharapol Ananwitoon, who are both students from the Airline Business Department, were crowded as the 2014 winners of Prince Princess.

This event was also called FRESHY NIGHT 2014 in which freshmen students from different faculties showed off their talents.

The Prince and Princess event is not a mere beauty contest. It's also a promotional campaign for anti-drug use and a chance to promote the college as a smoke-free campus. Therefore, the aim was to develop social awareness among students though the use of pictures and displays which the students have to interpret.



HAPPY BIRTHDAY DR. PIYADA, JULY 18, 2014

HAPPY BIRTHDAY the PRESIDENT!

By Phitsanu Thepthong

"Today, I am very happy to see all of you gathered here. All of you are working together with me as colleagues and have come to give me your best wishes. Today is an important day for me. Your appreciation show of will be with me from now on," said Dr. Piyada Wattanasan, the President of St Theresa International College on her birthday celebration held at Joseph Marie Auditorium.

July 18, 2014 is the birthday of President Dr. Piyada Wattanasan, "I am now 24 years old, she said with a big laugh jokingly, "No... No... I cannot tell you a lie, actually I am now 42 years old,"









However, thank you very much, she said, adding that "I am happy today because I can work with you very well, and I want particularly to say thank you to Madam very much. Madame has no choice as I am only daughter 'it is just only me and you, Madam,"

She noted that, "If I had brothers or sisters, it would be working well and better, so I have to work with my Mother, and once again thank you very much for your support and training."

She also thanked Ajarn Suwat, Dr. Chaipat and Ajarn Vipa. "They work with me all the time, working with me at full capacity, a big commitment and a great help."

"Also thank you to Dr. Temee, from Asian University who has helped established a good and solid foundation for the College. Thank you to Ajarn Potjana and all who are working here. We need strong supports from all of you."

She also thanked Ajarn Somdee and Dr. Vichian, who have contributed more research papers to the College.

"I am very happy to see all of you here have done and contributed the good things to the ST Theresa International College (STIC) and to students,

"Many thanks once again for helping promote me as a good leader and administrator with the success and growth with solid foundation, especially the great efforts contribute from all of you," she remarked.

Lastly, she concluded that "today, we are sharing in a warm reception with a birthday lunch party. May God bless you with good health, happiness, and prosperity and also help you achieve your goals and find success in life.



HAPPY BIRTHDAY TO YOU!

Dr. Vichian Pancreobutr, left, Director of the Office of Academic Affairs, St Theresa International College is seen presenting a "Birthday Gift" of a Buddha Image to Phitsanu Thepthong, of the Office of President, marking the auspicious occasion of Phitsanu's birthday anniversary on July 15. The presentation was held at the College, Rangsit Campus.



Thank you very much for the dinner party! Ajarn Surat, left, Head of Air Traffic Control Department, Faculty of Business Administration on July 16, 2014 hosted a dinner party to celebrate the birthday of Phitsanu Thepthong, center, of the Office of President, St Theresa International College (STIC).

Seated with them, are Mr Komtuan, Director of Human Resource Department, 2nd from the left, Ajarn Uthai, 3 rd from right, Ajarn Moo and his wife, 2nd and far right respectively. The birthday dinner was held at @HOME Restaurant in Ongkharak District, Nakhon Nayok province.

In addition, Ajarn Khan and Ajarn Muhammad Ali of BBA, and Ajarn Ruban, Head of the Registrar Department of STIC also hosted a birthday dinner for Phitsanu on July 15, 2014. The dinner was held at Pae Hok Klong 8 in Thanyaburi district, Prathum Thani province.

Not too late! Dr. Gregory Kharmalki, and Ajarn Boon, congratulated Mr Phitsanu of the Office of President, STIC on his birthday anniversary and belated celebration held on July 17,2014 evening at @Home Restaurant in Ongkharak District, Nakhon Nayok.

BLOODDONATION



Donating blood reduces the amount of iron in your body. Taking iron supplements can help you replace this iron.

Iron and Menstruation

Menstruation reduces the amount of iron in your body. Taking iron supplements once a week can help you replace this iron.

We care about your health,
The Nakornnayok Provincial Thai Red Cross Society
Blood Bank, Nakornnayok Hospital
St Theresa International College

As a result of a research "Iron Deficiency Anemia among Blood Donation Registered Students at St Theresa International (Health Promoting) College", a small leaflet will be added in a small plastic bag containing iron tablets for every blood donors throughout Nakhon Nayok Province.

Enginante

การบริจาคโลหิต มีผลทำให้จำนวน เม็ดเลือดแดงลดลง กินยาเม็ดธาตุเหล็กชดเชย วันละ 1 เม็ด ตามจำนวนยาที่ได้รับ

ธาตุเหล็กกับการเสียเลือดประจำเดือน

เพื่อชดเชยการเสียเลือดประจำเดือน และ "ความมีชีวิตชีวา" หญิงวัยเจริญพันธุ์ กินยาเม็ด ธาตุเหล็ก สัปดาห์ละ 1 เม็ด

ด้วยความห่วงใย

เหล่ากาชาดจังหวัดนครนายก ธนาคารเลือด โรงพยาบาลนครนายก วิทยาลัยนานาชาติเซนต์เทเรซา The research study was jointly conducted by Ajarn Utoomporn Sittisingh, Ms Vilailuck Wattanavichien, the Faculty of Public Health, Blood Bank and Nakhon Nayok Hospital.

STIC RADIO STATION OPENS!

The radio is now on air for a test run from 8.00 a.m. - 5.00 p.m.

On June 26, 2014, Madam Dr. Theresa Virachanee Phromsuntorn, the Vice Chairman of St Theresa International College Council presided over the Opening Ceremony of the newly-launched STIC Radio Station at its station which is based and operated at the old Auditorium, St Theresa International College.

On hand to welcome Madam Theresa, Vice President Ajarn Suwat Benjathammathorn, President Dr. Piyada Wattanasan, to the opening ceremony was Ajarn Mark Chambers, a lecturer and the station manager.

The STIC internet radio is now on trial/on air. The STIC internet radio can be accessed by:

- 1) sticradio.listen2myradio.com
- 2) http://172.16.0.220:8000/listen.pls

For more contact, please contact: Ajarn Mark Chamber email: sticradio@stic.ac.th





