



STIC



ON POINT



## ขอแสดงความยินดีกับบัณฑิต คณะศึกษาศาสตร์

หลักสูตรศึกษาศาสตรบัณฑิต สาขาวิชาภาษาอังกฤษ  
ในการสอบแข่งขันเพื่อบรรจุและแต่งตั้งบุคคลเข้ารับราชการครู  
ตำแหน่งครูผู้ช่วย สังกัด สพฐ. พ.ศ. 2564



**นายศุภวิชญ์ เพื่อกทับ**  
อันดับที่ 1 กลุ่มวิชาเอกภาษาอังกฤษ  
สังกัดจังหวัดนครนายก



**นางสาวจิรนนท์ วัชรเจสิม**  
อันดับที่ 4 กลุ่มวิชาเอกภาษาอังกฤษ  
สังกัดจังหวัดนครนายก

## ED ALUMNI SOAR HIGH

*By: Suphawit Phueakthap, Education English Graduate*

This April brings STIC's alumni a permanent teaching career and I'm one of the achievers. Fortunately, I was designated to be an English teacher at Ongkharak School which is one of the government high schools in Nakhon Nayok. Having reached this far is not that easy. I had been through very stressful moments: reviewing books for the test which is separated into 3 challenging parts. The first part is generally the easiest, but for me, it is the most challenging. Why? This examination part tests our knowledge in Thai Language, Mathematics, and Laws which was very difficult for me. I had to start reviewing from the basics of every indicator. However, the second part is somehow easier because it is the part that challenged my knowledge in the field of my expertise which is the English language since it has been a huge part of my 5 years in college. English took half of this part so I wasn't stressed too much because I believed that I could do it. And sure it was, because my name was shown on the list that passed the test in 1st and 2nd parts. I was

relieved for a time but not with the last yet. The last part screened our ability in teaching. In this part, I had to do micro-teaching to show if I have the efficiency in teaching profession. I thought that this part will be the most relaxing one but I was wrong. It was the most challenging one. However, my score in every part is higher than 60% which is the criterion to pass the test. Surprisingly, my name was placed on top for Nakhon Nayok Province.

Aside from me, there were many education graduates who also passed the same test. This test is given by the Organization of Basic Education Commission (OBEC) which was set nationwide. Four Education-English graduates ranked in top 10 for Nakhon Nayok and Pathum Thani Provinces. One Education-Science graduate ranked at 1st runner-up in Chiang Mai Province and is now assigned in a government school. An Education-Mathematics graduate was also on the list. Graduates who made the list were able to secure jobs instantly. "No one was left behind."

## ED UNDERGRADS FLY HIGH



**By: Krittaya Jodnog,**  
**Education English, Year 3**

My preparation was to read a lot of books even though I had a lot of work during that time. I had to find time to read every day. I had a feeling that when I keep on reading, it will increase my self-confidence. Also, I needed to find books that match the test coverage that they gave because it would be a waste of

time if we read books that don't match the given guidelines. Therefore, all test-takers must plan to find the best books to read, manage the time appropriately and do not feel stressed.

As for the exam, there were 3 subjects: English, Technology for Education and Teacher's Profession. English was the easiest since it is my major of studies. Most test items are conversations and articles/passages. The hardest part for me is Technology for Education and Teacher's Profession. Personally, I'm not good at technology which made the exam seemed very daunting. For Teacher's Profession, the writing was very difficult. There were 20 items for writing and most of them asked about research, finding IOC values and explaining courses, etc.

My emotion before the examination day was excitement but deep inside, I had so much confidence. I always speak to my friends and consult

them before the exam. When I saw the test, I was sure that I would pass the English part, but the Technology for Education and Teacher's Profession parts, I was just hoping to pass because I had so little confident. After the exam, I was relieved and I would have no regrets if I failed because I really tried my best.

Finally, I would like to suggest my friends and juniors to set their goals. Taking the exam is not a joke because in each exam, we spend a lot of money including the application fees for each subject, travel expenses, accommodation costs and so on. Try to find the best books that could increase your knowledge. Practice for the exam using the old O-Net exam of Matthayom 3, and Matthayom 6. If you are free, you may watch the live broadcast of teachers on YouTube or Facebook because it's really useful and not a waste of time at all.



**By: Aichaya Khaisaeng,**  
**Education English, Year 3**

At the end of the semester of my third year at STIC, it was the period of taking the Teacher's Licensure Exam. That time, I thought I had to take the exam though some people said that we weren't ready because we were loaded with college work.

It was an exhausting time but I had to find time to review for that big test.

In about a month before the exam, I needed to rush to complete all my projects so I could focus in doing my review. From 7 pm – 10 pm and during my other free time, I read and practice for the exams, for at least 1 subject per day. I had to take 3 exams: English for Communication, Teacher's Professions and Educational Technology. I chose to read and practice exams in subjects that I didn't have much familiarity. For English for Communication, I used my English skills from my regular conversations in real life such as at college, in the classroom, and from talking with my teachers and friends. These had given me more skills in English for Communication. Whenever I felt

tired, I keep telling myself, "Don't worry, just do your best. Whatever the outcome will be, you did your best." If my first take wouldn't be a success, I wouldn't regret it, but I'll regret it if I didn't even try.

As for my advice, I recommend to my fellow education students to see what will be the exam contents. Choose a suitable time for you to read. After reading, make a summary to check your understanding. Take the practice exams from various websites to see the guidelines of the exam. Finally, I would like to say that to pass this exam, aside from the stock knowledge, we need to work hard for our future career as a teacher and for making our family proud and happy.



# COMMENCEMENT EXERCISES OF THE NURSING STUDENTS

*By: Saranphong Wongboonsri, Nursing Science, Year 2*



Ninety-eight nursing students marched with high emotions for their graduation ceremony on March 17 at Joseph Marie Building. Attended by STIC's administrators, the faculty dean and lecturers, along with the proud parents and family members, the graduates were in much excitement as they had to conclude the final chapter of their college life and will be entering into a more challenging chapter which is the real world. Practicing the safety protocols, the ceremony was conducted in a "not so usual" practice but still the emotions were nothing indifferent from all the past graduation ceremonies.

Though there was less time to prepare for these commencement exercises, the mood of success was felt by the nursing faculty especially by some parents who travelled all the way from different provinces just to witness their children's walk to success. Having asked some of the graduates, most of them are planning to secure nursing jobs in various hospitals around the country. For their juniors, they advised them to study hard, read their books and have patience. After all of these, you will have that pride of success.

CONGRATULATIONS to all the graduates!!!!





## STIC CONTINUOUSLY SHARES

By: Wiphawadee Saelee, English for Business Communication, IEP



Many times, we see people participating in volunteer activities. Those people do it willingly sharing things, money, strength, and time to others in need and make them happy.

Through the Student Affairs Office led by Ajarn Phuripattara Patta, our generous STIC community shared some items such as food and other important stuffs to the students of Wat Mai Dong Sak School located in Kanchanaburi on April 21.

In the midst of the morning class of activities the Intensive English Program, section 5 students majoring in English for Business Communication, Communication Arts – Digital Media and Education were requested to formally hand over the offerings to one of the representatives of Wat Mai Dong Sak School. Though short, the students had much jubilation working together and feelings of joy and happiness in participating in the

seeing other people's smiles.

The STIC community is continuously extending help to other communities. Even in small amount, the positive vibe it can bring to the whole family is incomparable. As quoted by Anne Frank, “No one has ever become poor by giving.”



วิทยาลัยนานาชาติเซนต์เทเรซา  
ขอแสดงความยินดีกับ

รองศาสตราจารย์ ดร. สุพัตร์ พิบูลย์  
คณบดีคณะศึกษาศาสตร์

ได้รับเข็มเชิดชูเกียรติ  
ผู้ทำคุณประโยชน์ให้แก่กระทรวงศึกษาธิการ  
ประจำปี 2565





On April 13, 2022, some students of St. Theresa International College held an activity for the Songkran Festival. Speaking of Songkran Festival, it is the new year festival of Thailand. In this tradition, we splash water to others and pour water on the hands of revered elders and ask for blessings. Also, people sprinkle water onto Buddha images. We see and learn many things from this annual festival such as presentation of Thai traditional dances. Thai people have not been doing these kinds of Songkran Festival activities for three years because of COVID-

19. The government has decided not to hold any kind of activity that would build a crowd and risk further spreading of COVID.

The community members of Thai-Phuan tribe (Pak Pli District, Nakhon Nayok) had held their Songkran Festival celebration. There was a cultural parade, Buddhist chants and prayers, traditional dances and other ceremonial events that completed the half-day festivities.

During the event inside the venue, people can visit the museum. There are many art objects inside the

temple museum such as the intellectual art of the villagers in the area, including the art of weaving silk of Thailand and the village tales. The artwork of the local people's costumes is displayed in the temple's art museum. There are many beautiful items. People come to see the beautiful art of the villagers in the area.

The weather was hot but we had a safe Songkran Festival celebration dressed in Thai costumes.





# HAPPY THAI NEW YEAR'S DAY AT STIC

By: Aomphon Sae Lee, English for Business Communication, IEP



Songkran Festival which is considered as "New Year's Day" for Thai people is held every April. St. Theresa International College never fails to celebrate this very important day in the purpose of preserving Thai culture. Days before the holidays, the Student Affairs Office organized a water-pouring ceremony at the Administration Building Lobby for the students to express their honor, gratitude and respect to the adult members in the STIC community:

the lecturers, staff, deans and administrators. During the Intensive English Program students' break time, they lined up at the lobby area to wait for their turn to pour the scented water to the elders' hands in our family.

After the end of doing the water-pouring ceremony at the lobby, the Faculty of Humanities and Social Sciences' dean (Dr. Ubon), deputy dean (Dr. Boonruang), lecturers (Aj. Prissana and Aj.

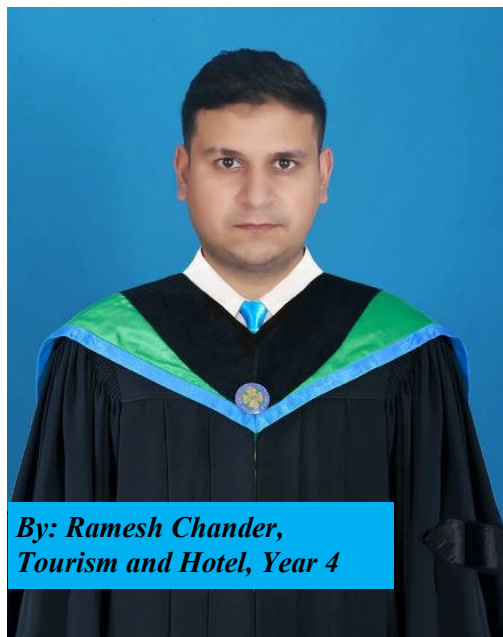
Leo) and IEP students majoring in English for Business Communication and Communication Arts - Digital Media) gathered at the Language and Arts Edifice to make an intimate water-pouring activity.

The elders of the faculty expressed their messages of hopes and wishes to the youngsters. In return, the young ones listened attentively as they poured some scented water to the warm hands of the old ones.





## MY ACADEMIC JOURNEY @ STIC



**By: Ramesh Chander,  
Tourism and Hotel, Year 4**

Hi, I would like to begin by introducing myself before I start sharing my wonderful journey of my college life in Thailand.

My name is Ramesh Chander and I am from India. I joined St. Theresa in 2018 opting for “Bachelor of Business Administration majoring in Hotel and Tourism Management” and the way I have come up so far today is all because of support from my family, friends and especially the teachers at STIC who always push me to my limits so I can understand my true potential. I remember the day when I first came to the college campus, feeling excited and nervous at the same time. The moment that I

was in the campus, everyone was so friendly and helpful with the queries that I had.

The starting year was pretty good with some ups and down, as everyone usually has during that period. I would say that the infrastructure at this college is very different and very student-friendly as you have access to very informative books and other guides that can be borrowed from the college library, which is a separate 2-storey building with some of the most updated books and encyclopedias.

The teachers are well-experienced with the subjects that they teach, with clear instructions and guidance on how to understand the subject and get good grades during the exams. The college is not only limited to just studying, it has various activities to offer as well, like, different kinds of educational competitions with other universities around Thailand. The college also has annual sports day wherein the students play various sports and show their true potential and sportsmanship.

We, at St. Theresa International College not only learn to study together; but also, grow up through challenges that await us in the future. We learn to come up as a big family of fellowship and honesty, with virtue and obedience.

I studied at the college for 2 years on-site and due to COVID-19 emergence, I had no way to go back and study again at the college; but that didn't break me down as I was doing my classes and lectures online with full support from my teachers, instructors and friends. Those were my final and 3rd years which I studied online with my full potential and tried my best to get good grades.

I was able to successfully complete my studies and did my internship in Bangkok. I was offered the internship opportunity by Movenpick Sukhumvit 15 Hotel where I was able to get hands-on experience and learn about the work flow and processes of the hotel. I can confidently say that it was a good experience to be exposed to real-time work and not just ponder in theories.

A student's life should never be limited to theories and concepts; but also, should be able to successfully manage and handle the real work as a team player when the time comes. St. Theresa International College is the place I would say can offer students a path to higher education and on-point classes by some of the most professional teachers that I have ever met.





# ROARING HER ACADEMIC SUCCESS

*By: Rohamina Palakad Gapor, Master of Education in Educational Administration*

The only predictable outcome in life is its unpredictability. It may sound cliché, but it is the reality of life. Nobody holds the future, and tomorrow is not a promise. Nobody knows what life brings, the challenges and adversities we may encounter in the road less traveled called SUCCESS.

Studying at St. Theresa International College was one of my unexpected decisions in life. Back then, I was reluctant and terrified to take the opportunity for some reason. I was, however, enthusiastic about learning about the country’s culture, places, and amazing people. Straightforward, I had the urge to broaden my horizon.

Like everyone else, my journey in the Land of Smiles did not come easy. I had to adapt to the new environment while living independently. As the provider of my family, working and studying was a challenge I had to win. But I am living proof that sacrifices, perseverance, and determination are pivotal elements to making dreams come into reality.

I have had my fair share of failures. It got me into depression. There were countless days that I resented everything. My studies and my existence seemed to be meaningless. I

regarded this as the cloudiest day of my life. Yet, I conquered my demons.

Once I asked myself, “Do I need to continue my studies or go back home to the Philippines, as a failure”? This doubt lingered in my thoughts for a while. But the right people around me helped me realize how far I have gone, and I have to finish what I have started with great fortitude.

Engraved in my mind is the quote from Paul D. Forgay “*never stop pursuing your dreams; sometimes they’re the only thing that keeps us sane.*” I could not agree more on this. Writing this is to give a message to everyone to keep your dreams and aspirations in life alive. If life is hard, remember to persevere, chase your dreams and never give up. The fruit of your labor and diligence is sweeter than mishaps and difficulties.

With pride and a humble heart, I have successfully finished my Master of Education in Educational Administration (M.Ed) at St. Theresa International College. At present, I am one of the Journal Managers of the St Theresa Journal. For my professional endeavor, I joined several organizations in other countries. I have been selected

as one of the Executive Editors/ Magazine Committees at International Institute of Influencers (III) India; Professional Host, and IGP Committee at Institute Global Professionals (IGP) Bangladesh.

To my STIC family, friends, professors, uncle Dario A. Mando, and loved ones, THANK YOU VERY MUCH!

ALHAMDULILLAH!



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