



## A SPLASH OF CULTURE AND JOY: TRSU CELEBRATES SONGKRAN IN TRUE THAI SPIRIT

The spirit of Songkran came alive at St Teresa International University on the sunny afternoon of April 11, as students, staff, and administrators gathered to celebrate Thailand's most cherished traditional festival. Organized by the Student Affairs Office, the event turned the Joseph-Marie Building into a vibrant summer escape, alive with music, laughter, and cultural pride.

Clad in bright floral prints and summer hues, students radiated festive cheer as they participated in a variety of activities designed to honor and preserve the rich heritage of Songkran. One of the event's most meaningful highlights was the sand

pagoda competition, where each academic section built its own intricate structure representing their field of study. The colorful creations not only showcased students' creativity but also echoed the symbolic reverence of the festival.

The celebration continued with lively stage performances, traditional games, and the time-honored water-pouring ceremony—an act of respect and blessing as students gently poured fragrant water onto the hands of the university's beloved administrators. The air was filled with warmth, respect, and a genuine sense of community.

Adding to the festive atmosphere, students served an array of savory snacks, offering a delicious taste of local culture. The event was made even more refreshing, thanks to CP Company, Ltd., which generously provided cold drinks for the TRSU family to enjoy.

Though modest in scale, the celebration succeeded in capturing the essence of Songkran—gratitude, renewal, and togetherness. More than just a cultural event, it was a heartfelt reminder of the university's commitment to keeping Thai traditions alive in the hearts of its students.







## THAILAND'S SONGKRAN FESTIVAL DELIVERS JOY ONCE AGAIN

The Land of Smiles has once again lived up to its name, delighting both local and international tourists who eagerly took part in Songkran Festival celebrations across the country. As expected, major cities throughout Thailand were bustling with people soaking in the sunshine, getting drenched in cool splashes of water, and playfully dusted with powder—a vibrant blend of tradition, fun, and festivity.

In Bangkok, popular hotspots like Silom Road, Khaosan Road, Icon Siam, and others were teeming with energetic crowds, mostly young

revelers, who packed the streets to celebrate the Thai New Year in the most exuberant way possible. The atmosphere was electric, with music, dancing, and non-stop water fights creating an unforgettable holiday experience.

For those who opted for a quieter celebration, Songkran was just as meaningful. Many families stayed home to enjoy shared meals, relax, and reconnect with loved ones—reminding everyone that the heart of the festival lies in togetherness, gratitude, and respect.

Traditionally, Songkran is a

time when Thais living away from their hometowns return to pay respect to their elders and show appreciation to their families. While parties and travel add a modern flair to the holiday, the cultural essence remains rooted in love, reverence, and unity.

More than just a festive occasion, Songkran continues to be the perfect celebration of summer and a peak period for Thailand's tourism industry, drawing visitors from all over the world and showcasing the country's rich cultural heritage at its most joyful.







The TRSU Community  
mourns the passing of our  
beloved Pope Francis,  
whose presence and  
contributions touched the  
lives of many.

May he rest in eternal peace  
with the Lord.

**POPE FRANCIS**

Dec. 17, 1936 - April 21, 2025

## POPE FATHER JOINED "THE FATHER"

On Easter Monday, April 21, brought new energy and a reformist spirit to a Church grappling with waning influence. His election followed the unprecedented resignation of Pope Benedict XVI, whose papacy had been marred by internal struggles and declining public trust. The announcement was made at 9:45 AM by Cardinal Kevin Farrell, Camerlengo of the Holy Roman Church, speaking from the Casa Santa Marta.

According to the Vatican, Pope Francis—who made history as the first Latin American to lead the Church—suffered a stroke that left him comatose and ultimately resulted in heart failure. He had expressed a desire to be laid to rest in a modest tomb in Rome.

Francis had long dealt with health issues, including a chronic lung condition stemming from the partial removal of one lung in his youth. Earlier this year, he spent 38 days in hospital battling a severe respiratory infection that progressed into double pneumonia.

Originally from Argentina and born Jorge Mario Bergoglio, he

Yet Pope Francis' tenure was not without contention. His embrace of progressive values, inclusion of LGBTQ+ individuals, and efforts to rein in traditionalist factions sparked backlash from more conservative members of the clergy.

With his passing, the Church now enters a sacred period of transition. The College of Cardinals will soon convene in the Sistine Chapel for the Conclave, the solemn process through which a new pope is chosen.

Around the world, faithful Catholics offered prayers for his soul. Several countries and global leaders honored his legacy through heartfelt tributes and announced plans to attend

his funeral. On Tuesday, St. Teresa International University celebrated a memorial mass to pray for the eternal rest of Pope Francis.

Pope Francis' funeral is scheduled to take place at 10 a.m. local time (4 a.m. ET) on Saturday, six days following his passing. This timeline mirrors that of the last papal funeral, held for Pope Benedict XVI in 2023. The Vatican has confirmed that the ceremony will be held outdoors in the iconic St. Peter's Square. In keeping with tradition, previous papal funerals have also taken place in this vast open space, allowing thousands of faithful mourners to gather in front of St. Peter's Basilica. Cardinal Giovanni Battista Re, the dean of the College of Cardinals, will lead the funeral liturgy. As dean, Cardinal Re also holds a key role in the upcoming process of electing the next pope, a responsibility that now awaits the College in the coming weeks.

REST IN PEACE POPE Francis.....





## PRACTICAL NURSING STUDENTS' SUCCESSFUL JOURNEY AT TRSU

April 25 marked a proud and memorable milestone for the Practical Nursing students of St Teresa International University, as they completed their one-year course and received their certificates of completion.

The Joseph-Marie Building was filled to capacity with the graduates' loved ones, all gathered to witness the success of their children,

friends, and family members after a year of dedication, hard work, and hands-on learning.

The Faculty of Nursing Science has diligently prepared these graduates for the challenging yet rewarding path of serving in the medical field across the country.

A heartfelt thanks goes to the faculty administrators, members, staff, and students who worked

together to organize an impressive and meaningful graduation ceremony.

The entire TRSU family is proud of our PN students' achievements—and we'll be cheering you on as you take your next steps forward.

### CONGRATULATIONS

once again to the PN Class—your journey is just beginning!



## A JOYOUS SEND-OFF FOR THE 15TH BATCH OF NURSING ASSISTANT GRADUATES

The atmosphere was filled with pride and celebration as St Teresa International University held the graduation ceremony for the Nursing Assistant Diploma Program, Academic Year 2024, on Thursday, April 24, 2025, at the Joseph Mary Building.

The ceremony was presided over by Ajarn Vipa Pengsa-ium, Dean of the Faculty of Nursing, who delivered words of inspiration and congratulations to the 15th cohort of graduates.

Adding to the significance of the event, leading hospitals were in

attendance to recruit qualified graduates directly into the workforce. Participating institutions included:

- Mahachai Hospital 1, 2 and 3
- Sinphaet Srinagarind Hospital
- Vibharam Hospital
- Vibharam Amata Nakorn Hospital

This collaboration between the university and the healthcare sector reflects our shared commitment to preparing nursing professionals who are ready to serve with competence, compassion, and care.





# ทรงพระเจริญ

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สมเด็จพระเจ้าลูกยาเธอ เจ้าฟ้าทีปังกรรัศมีโชติ  
มหาอัครราชกุมารี สิริวิบูลยราชกุมาร



ด้วยเกล้าด้วยกระหม่อมขอพระพุทธเจ้าคณะผู้บริหาร คณาจารย์ และนักศึกษา  
มหาวิทยาลัยนานาชาติเซนต์เทเรซา



St Teresa International University

**Congratulations!**



**นายภัทรเกียรติ เพ็ชรพราว**

บัณฑิตหลักสูตร วิทยาศาสตร์บัณฑิต  
สาขา การควบคุมจราจรทางอากาศ

ผ่านการสอบคัดเลือกเข้าบรรจุ  
บริษัท วิทยุการบินแห่งประเทศไทย  
ตำแหน่ง เจ้าหน้าที่ปฏิบัติการจราจรทางอากาศ

St Teresa International University (TRSU) continues to pave the way for student success, turning academic achievement into real-world impact. In its ongoing mission to support regional aviation development, TRSU proudly celebrates the accomplishments of its

**Administration, majoring in Air Traffic Control**, who has been officially selected to join **Aeronautical Radio of Thailand Ltd. (AEROTHAI)** as an **Air Traffic Operations Officer**.

P'Mike's achievement is not only a personal milestone but also a

## TRSU INSPIRES: FROM CAMPUS TO CAREER JOURNEY

graduates who are stepping into the aviation industry.

We are thrilled to congratulate Mr.

**Phattharakiet Phetphrao**, affectionately known as **"P'Mike"**, a recent graduate from the **Faculty of Business**

shining example of how TRSU empowers its students to achieve excellence and take on critical roles in high-stakes environments. His dedication, perseverance, and passion for aviation make him a true inspiration for current and future students alike.

Always willing to give back, P'Mike has graciously offered his support and guidance to juniors who are navigating their academic paths and exploring career opportunities in the field. His willingness to mentor and motivate others truly makes him an **ATC role model** and a valued member of the TRSU alumni community.

At TRSU, we take pride in producing professionals who not only meet industry standards but also inspire the next generation. Congratulations once again to P'Mike—your journey is just beginning, and the sky is truly the limit!





## NURSING STUDENTS EMBRACE CORE VALUES AT FACULTY-LED CAMP

On April 2, 2025, the Faculty of Nursing Science at St Teresa International University proudly hosted a values-based camp designed specifically for third-year nursing students. The event was held at the Joseph-Marie Building and served as an engaging platform for students to deepen their understanding of the fundamental values essential to the nursing profession.

The camp was officially opened by **Ajarn Vipa Pengsa-ium**, Dean of the Faculty of Nursing Science, who warmly welcomed students and emphasized the importance of

embodying key professional attributes throughout their academic and clinical journey.

The program focused on cultivating four core values—**integrity, discipline, active participation, and teamwork**—through a series of interactive activities, group discussions, and reflective exercises. These values are not only integral to personal and professional development but are also crucial for delivering compassionate, ethical, and effective patient care.

Students had the opportunity to participate in various team-building exercises and collaborative challenges

that encouraged critical thinking, open communication, and mutual support. Faculty members facilitated sessions that helped bridge theoretical knowledge with practical skills, reinforcing the role of professionalism in everyday nursing practice.

Events like this camp play a vital role in shaping well-rounded, value-driven nursing professionals who are prepared to meet the demands of a dynamic healthcare environment. The Faculty of Nursing Science remains committed to providing students with meaningful learning experiences that go beyond the classroom.



## LANGUAGE GOALS IN SIGHT: TRSU MIDTERMS TEST STUDENT PROGRESS

In addition to the pre-test and post-test assessments designed for students in the TRSU Intensive English Program, both midterm and final examinations serve as key measures of their language proficiency throughout their time in the program.

To ensure students are well-prepared for the upcoming midterm exam on April 28, lecturers have been actively conducting review sessions and facilitating practice exercises during class. In response, students have shown strong engagement, participating actively in the preparations and taking their studies seriously.

In the days leading up to the exam, scenes of focused study could be seen across the TRSU campus.

Dormitories and common areas outside classrooms were filled with students immersed in their review materials—reading notes, creating summaries, and supporting each other's learning efforts.

On the day of the exam, the atmosphere on the third floor was markedly quiet and intense. Students arrived with determination, fully prepared to demonstrate the knowledge and skills they had acquired.

TRSU remains optimistic that the results will reflect the hard work and dedication shown by both students and



instructors, and that the midterm outcomes will mark another step forward in the students' journey toward English language excellence.



**BLACK TEAM****RED TEAM****WHITE TEAM****TRSU GEARS UP FOR THE ANNUAL IEP ENGLISH SUMMER FESTIVAL**

As summer intensifies across Thailand, so does the excitement at St Teresa International University (TRSU), where the campus is buzzing with anticipation for the much-awaited annual IEP English Summer Festival. The festival, a cornerstone of the Intensive English Program (IEP), is just weeks away, and preparations are already in full swing.

Across the university grounds, the sound of lively rehearsals echoes through classrooms and open spaces.

Students, grouped into teams, are hard at work perfecting their acts for the array of competitions and events scheduled to take place. From speeches and skits to song and dance, each performance is a testament to the students' growing command of the English language.

Driving this wave of preparation are the university's dedicated lecturers, who have taken on the dual role of instructors and coaches. Alongside Student Assistants, they are devoting extra hours to mentoring their groups, ensuring that every student is ready to shine. The rehearsals are no easy feat—long, intense, and often stretching late into the day—but the shared goal of excellence keeps motivation high.

Now a celebrated tradition at TRSU, the English Summer Festival is more than just a showcase of talent—it is the culmination of an immersive learning experience that spans the summer months. For many IEP students, it's their chance to demonstrate their progress, express themselves in a second language, and bond with peers over shared effort and creativity.

As the big day approaches, the message across campus is clear: keep the momentum going. With passion and perseverance, TRSU's IEP students are ready to take the stage and celebrate their journey in language learning—loudly, proudly, and brilliantly.

**THE HEAT NEVER BOTHERED TRSU ANYWAY**

Sweat, thirst, fatigue, and darkening skin are some of the immediate effects of summer, but at

foster camaraderie, friendship, and, of course, lasting memories. Traditional games are included to ensure that

TRSU, these challenges have never stopped students from enjoying the TRSU IEP Sports Activities organized by the Student Affairs Office. This annual summer event includes a variety of traditional games, as well as ball and group sports, all designed to promote students' physical well-being.

Beyond physical activity, these events foster camaraderie, friendship, and, of course, lasting memories. Traditional games are included to ensure that

students stay connected to their roots and customs, preserving and appreciating their culture, even in an increasingly digital age. Ball and group games are also a key part of the program, giving students the opportunity to stretch their bodies and stay active after spending hours in the classroom.

At TRSU, we believe in not only imparting knowledge but also encouraging our students to stay physically active outside the classroom. The sports committee keeps track of all the scores, and the group with the highest points will be recognized as the champion and awarded special prizes during the TRSU IEP Summer Festival in May.

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## SIX WOMEN. ONE ROCKET. INFINITE INSPIRATION.

On Monday, April 14, six extraordinary women boarded a rocket and made history together. In a moment that will be remembered not just for its altitude, but for its spirit, an all-female crew broke through the Earth's atmosphere, crossing the Kármán line, the invisible threshold that marks the beginning of space.

Onboard were six trailblazers from vastly different walks of life: global pop icon Katy Perry, veteran journalist Gayle King, pilot and philanthropist Lauren Sánchez, aerospace engineer and tech entrepreneur Aisha Bowe, civil rights

advocate Amanda Nguyen, and Blue Origin's own Kerianne Flynn. Their titles are impressive, but it was their presence unapologetically bold, joyful, and human that defined this mission.

This flight marked the first all-women crewed space journey since 1963, when Valentina Tereshkova became the first woman to reach space. Sixty years later, it wasn't just one woman making history—it was a team.

From the moment the rocket ignited, the energy onboard was electric. As they soared toward the edge of the Earth, the cabin filled with shouts, laughter, and the kind of screams you

make when you're doing something equal parts terrifying and magnificent. When gravity let go, and the women floated in near silence, the awe was palpable. For four magical minutes, they hovered above the world—weightless, speechless, limitless.

The 11-minute mission, made possible by Blue Origin and its founder Jeff Bezos, was short in time but infinite in meaning. Roughly three minutes after liftoff, the crew capsule detached from its booster and continued to ascend, reaching its highest point before gently beginning its return. The booster landed separately; the capsule, with its crew of six, drifted safely back to Earth.

And though they came back down, nothing about this journey was ordinary. Each woman returned changed—some teary-eyed, others grinning from ear to ear, all of them carrying the weight of something far larger than themselves.

This wasn't just a spaceflight. It was a statement.

It was proof that exploration belongs to everyone. That space has room for every kind of story, every kind of woman. It reminded us that progress isn't just measured in kilometers or altitude, but in how many hearts it lifts along the way.

## DROP, COVER, AND HOLD ON: WHAT TO DO DURING AN EARTHQUAKE

If an earthquake hits, the most important thing you can do is remember three simple steps: **Drop, Cover, and Hold On**. Here's what that means, and how to stay safe no matter where you are:

### 1. Drop

As soon as the shaking starts, get down on your hands and knees. This position helps keep you from being knocked over and makes it easier to protect yourself from falling or flying objects.

### 2. Cover

Depending on where you are, take cover in the safest way possible:

- **Indoors:** Crawl under a sturdy desk or table. If there's nothing nearby, press yourself against an interior wall, away from windows, mirrors, or anything that could fall.
- **Outdoors:** Move to an open area, away from buildings, trees, streetlights, and power lines.

**In bed:** Stay where you are. Cover your head and neck with a pillow to protect yourself.

### 3. Hold On

- **Under a table or desk:** Grab onto it and hold on. Be ready to move with it if it shifts during the shaking.

- **Not under cover:** Use your arms to shield your head and neck.

**If you're seated and can't drop:** Lean forward, cover your head with your arms, and hold your neck with both hands.

### Extra Earthquake Safety Tips

- **Stay inside:** Don't run outside during the shaking—falling glass, bricks, or debris can be more dangerous than staying in.
- **Avoid windows and glass:** Move away from anything that might shatter or fall.
- **In a vehicle?** Pull over to a clear spot and stop. Stay inside the car until the shaking stops.

**In a high-rise building?** Stay where you are. Keep away from windows, and don't use elevators.

### Get Ready Before It Happens

A little preparation now can make a big difference later. Here's how to be ready:

- **Practice regularly:** Make "Drop,

Cover, and Hold On" drills part of your routine so everyone in your household knows what to do.

- **Pick safe spots in every room:** Teach kids where to go during a quake.

- **Secure your space:** Anchor heavy furniture and items that could fall or tip over.

- **Have a family plan:** Know how you'll communicate and where you'll meet if your home isn't safe.

- **Stock emergency supplies:** Keep essentials like water, non-perishable food, a flashlight, and a first aid kit in an easy-to-reach spot.

- **Consider earthquake insurance:** It can help cover repair costs if your home gets damaged.

- **Text, don't call:** After a quake, phone lines might be overwhelmed—texting is usually more reliable.

**Know how to turn off the gas:** If you smell gas or suspect a leak, shut it off right away to prevent a fire.

Being prepared and staying calm can help you and your loved ones stay safe when the ground starts to shake. Practice these steps now so you're ready when it matters most.