



TRSU FAMILY PLANTS TREES ON
MOTHER’S DAY

By: Siriwipa Jentookjai, Education English, Year 4

Thailand's Mother's Day is celebrated nationwide on August 12th to honor the birthday of Her Majesty Queen Sirikit, the Queen Mother, who is regarded as the mother of the nation for her lifelong dedication to the people of Thailand. In line with this national celebration, St Teresa International University (TRSU) held its own Mother's Day ceremony on August 9th at the Joseph Marie Building (JMB). The event featured a traditional offering of a tray of flowers, symbolizing respect and gratitude, and a tree-planting activity in which 500 trees were planted to mark the auspicious occasion and contribute to environmental conservation. The celebration aimed to express the university community's appreciation for Her Majesty Queen Sirikit, the Queen Mother's compassion and service, reflecting her deep commitment to the welfare of the Thai people.





HUSO E-CAMP @ JMB

By: Siriwipa Jentookjai, Education English, Year 4

On Saturday, August 24, students from the Faculty of Humanities and Social Sciences, spanning Years 1 to 3, participated in the Amazing English Camp, organized by the International Youth Fellowship (IYF). The camp provided a productive and enriching experience focused on improving English conversation skills and promoting

cultural exchange. Facilitators from India, Mexico, and Thailand shared their knowledge and expertise, while our TRSU students actively engaged and showed great enthusiasm for learning throughout the day. Ajarn Suwat Benjathammathorn, Vice President for Administrative Affairs, took the opportunity to address the

participants and facilitators, expressing his gratitude and sharing in the joyful moments captured during the photo sessions. The entire TRSU community extends its heartfelt thanks to the International Youth Fellowship (IFY) for organizing such an educational and enjoyable event for our students.



ED STUDENTS JOIN ONGKHARAK SCHOOL'S E-CAMP

By: Htet Htet Oo Wai, Education English, Year 2



On August 24, 2024, Ongkharak School hosted an exciting English Camp from 8:00 AM to 3:00 PM, filled with engaging activities designed to help students enhance their English skills in a fun and interactive environment.

The event was organized by foreign teachers from Ongkharak School, with support from fourth-year students of the Education Faculty at St Teresa University. These student leaders guided the participants through various games and activities that made learning English enjoyable and dynamic. The camp featured a range of activities, including language puzzles and team games, which encouraged students to collaborate and practice English in real-life

scenarios. The games were simple and engaging, helping students build confidence in speaking and understanding English.

Reflecting on the day, one TRSU student remarked, "It was wonderful to see the students enjoying themselves while learning. We hope they will continue practicing their English beyond today."

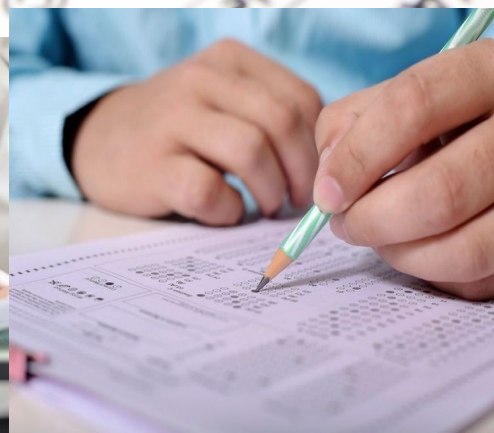
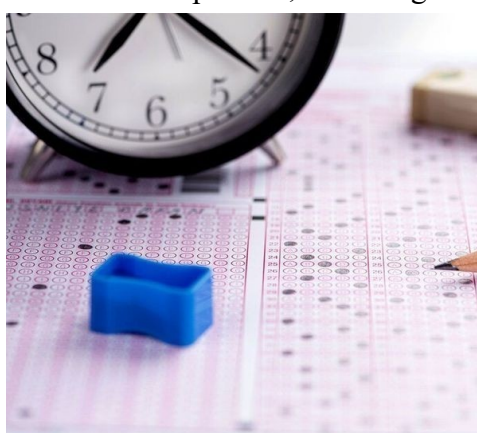
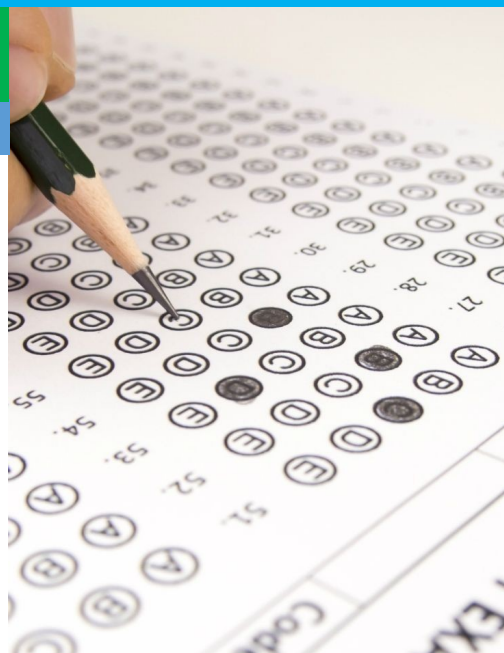
The English Camp concluded with a small ceremony recognizing the students' enthusiastic participation. The event was a great success, fostering a stronger partnership between Ongkharak School and TRSU for future collaborations.

REAL TOEIC EXAM 2024

By: Noppawan Hora, Education English, Year 3

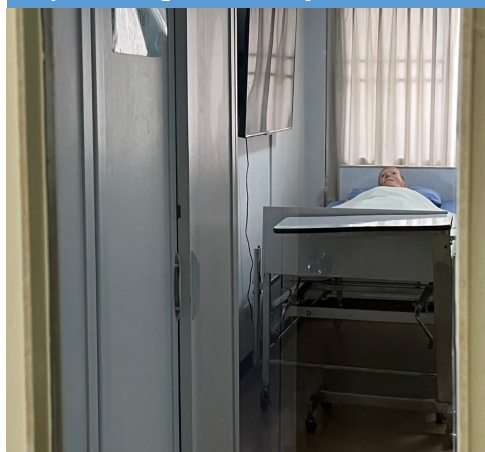
On August 17, St Teresa International University (TRSU) hosted the Real TOEIC Exam, attracting a diverse group of students from across various faculties. The TOEIC (Test of English for International Communication) is a crucial assessment for non-native English speakers aiming to demonstrate their language proficiency in business and professional settings. The university meticulously organized the examination process, ensuring that

all participants followed the necessary guidelines. Many test-takers praised the university's efforts in creating an optimal testing environment and appreciated the smooth administration of the exam. Scores from the August 17 session are anticipated to be released soon. These results will offer valuable feedback to participants, helping them assess their English communication skills and supporting their academic and career progress.



NEW BUILDING AND LABORATORY UNIFORM FOR NURSING SCIENCE STUDENTS

By: Siriwipa Jentookjai, Education English, Year 4



The Faculty of Nursing at St Teresa International University (TRSU) recently upgraded its facilities, with the nursing student laboratory remodeled in Residence Hall Number 1. Each section now has a dedicated lab space equipped with training dummies to enhance students' practical learning experience.

improve comfort and functionality.

Nursing students are required to wear three different uniforms: a general ward nursing uniform, a scrub suit for the intensive care unit (ICU) or operating room (OR), and a community nursing uniform for on-call duties. Starting this year, second-year students will have a new scrub suit. The previous design was modified because the collar was too wide, making it uncomfortable, especially for female students when sitting or performing tasks. The new design features a narrower collar to





BE VISITS THE PHILIPPINE EMBASSY

On August 21, the Department of English for Business Communication, part of the Faculty of Humanities and Social Sciences at St Teresa International University (TRSU), had the honor of visiting the Philippine Embassy in Bangkok. This educational visit was a remarkable experience for our students, and we are profoundly thankful to the embassy staff for their warm and gracious hospitality, which made our day truly special.

valuable perspective on how embassies serve as vital bridges, fostering cultural exchange, promoting peace, and facilitating collaboration between countries. The students also had the unique opportunity to learn about the diverse and vibrant culture of the Philippines. The embassy staff shared captivating stories about the country's popular tourist destinations, delicious cuisine, traditional customs, and colorful festivals, such as the Ati-Atihan and Sinulog. This cultural immersion was an eye-opener for our students, giving them a deeper appreciation of the richness and diversity of Filipino culture.

history and independence movement. This experience allowed them to explore the power of literature in shaping national identity and inspired them to reflect on the universal values of freedom and justice. The visit concluded with a photo session on the beautiful embassy grounds, where students captured memorable moments with the dignitaries and staff, celebrating the spirit of friendship and goodwill shared between the two nations.



During the visit, the students were given an in-depth introduction to the core functions and daily operations of the embassy. The embassy staff provided insights into their work in maintaining and strengthening the diplomatic ties between the Philippines and the Kingdom of Thailand, underscoring the importance of international relations, cooperation, and mutual respect between the two nations. This briefing offered our students a



A special highlight of the visit was the chance to view the literary masterpieces of Dr. Jose Rizal, the national hero of the Philippines. The students were introduced to his influential works, *Noli Me Tangere* and *El Filibusterismo*, which have played a significant role in the country's



We, at St Teresa International University (TRSU), extend our heartfelt gratitude to the Philippine Embassy for this unforgettable experience. We are deeply appreciative of their hospitality and the opportunity to engage with such a dynamic and culturally rich environment. "Salamat Po," and "Kopkun Mak" for making this visit a cherished memory.



By: Noppawan Hora, Education English, Year 3

BE STUDENTS AT THE MINISTRY OF FOREIGN AFFAIRS

On August 2nd, the Ministry of Foreign Affairs hosted a special event for students from St Teresa International University (TRSU) majoring in English for Business Communication, combining an informative lecture with an engaging study visit. This unique opportunity was open to students from all academic years, from first-year to fourth-year, who were warmly received by the ministry's staff. The visit began with an introduction to the ministry's key functions, responsibilities, and roles in representing Thailand on the global stage, providing students with a deeper understanding of international relations and diplomacy. A comprehensive tour of the facility followed, where the students explored various departments and observed the daily operations of the ministry. The welcoming atmosphere was further enhanced in the press conference room, where several distinguished dignitaries were present, making the experience all the more memorable. A particularly inspiring moment of the day was a speech by one of the university's accomplished alumni, Mr. Ehyar Chorot, now serving as a diplomat. He expressed his deep pride in being a graduate of St Teresa International University (TRSU) and shared his personal journey from a student to a career diplomat. Mr. Chorot recounted the challenges and



successes of his academic and professional life, offering valuable insights and encouragement to the current students. His words resonated with many, motivating them to strive for excellence and pursue their own goals with determination and passion. The Faculty of Humanities and Social Sciences, under the leadership of Dean, Assistant Professor Dr. Ubon Dhanesschaiyakupta and Deputy Dean, Associate Professor Dr. Boonruang Chunsuvimol, together

with the university's lecturers and students, would like to extend their sincere gratitude to the Ministry of Foreign Affairs for opening its doors and providing such a valuable learning experience. This visit not only broadened the students' knowledge but also inspired them to consider future careers in international relations and diplomacy. These moments will be cherished as invaluable experiences that will remain in the hearts of all who attended.





By: Penpicha Pason, Education English, Year 3

MIRROR FOUNDATION VOLUNTEERING ACTIVITIES

In August, students from St Teresa International University participated in a meaningful volunteer program with the Mirror Foundation in Bangkok. This initiative aimed not only to provide essential consumer items, such as food, clothing, and hygiene products, to underprivileged communities but also to instill a deeper sense of empathy, public awareness, and social responsibility among the student volunteers. Through their involvement, the students were able to directly engage with the communities they were supporting, gaining first hand insight into the challenges faced by those in need.

Several students who took part in the volunteer activities shared their reflections on the experience. They described the event as a mix of enjoyment and physical effort, with long hours dedicated to sorting, packing, and distributing supplies. Despite the exhaustion, they felt a profound sense of fulfillment and pride, knowing that their efforts had made a positive impact on the lives of many who lack basic necessities. Many students expressed a strong desire to participate in similar activities in the future, recognizing the value of such experiences for personal growth and development. They found that

volunteering allowed them to acquire new skills, such as teamwork, communication, and problem-solving, while also enhancing their understanding of social issues. Additionally, the experience broadened their perspectives, helping them appreciate the importance of compassion and community service in today's world. Overall, the volunteering activity with the Mirror Foundation was more than just a charitable endeavor; it was a transformative experience that encouraged the students to continue contributing to society and supporting those in need.

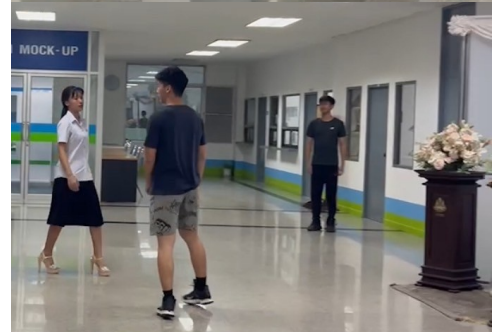
TRSU PRINCE AND PRINCESS & FRESHMEN NIGHT 2024 PREPARATION

By: Noppawan Hora, Education English, Year 3



"Freshmen Night" event. This annual celebration is a cherished university tradition that welcomes new students and highlights the diverse talents within the campus community. The "Prince and Princess" competition is one of the most glamorous events of the year, where students vie for the coveted titles by demonstrating their confidence, charisma, and unique talents. Contestants have been diligently preparing for over a month, fine-tuning their presentations, rehearsing their performances, and selecting their most stunning outfits to impress the judges and audience alike.

St Teresa International University (TRSU) is buzzing with excitement as preparations are in full swing for the highly anticipated "Prince and Princess" competition and



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Aj. Willard Jeff V. Pada

Junior Layout Artist

Miss Siriwipa Jentookjai

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ATC STUDENTS' TOUR IN HUAHIN

By: Noppawan Hora, Education English, Year 3

On August 15-16, students from the Air Traffic Control program at St Teresa International University's Faculty of Business Administration embarked on an educational field trip to Hua Hin Airport, the Hua Hin Air Traffic Control Center, and the Civil Aviation Training Center. This immersive experience was designed to give students a comprehensive understanding of various aspects of the aviation industry. At Hua Hin Airport, the students observed the daily operations and management of a functioning airport, gaining firsthand

experience of the logistics involved in handling flights, passengers, and cargo. Their visit to the Hua Hin Air Traffic Control Center allowed them to witness the crucial role of air traffic controllers in ensuring the safe and efficient movement of aircraft within the airspace. They were introduced to the technology and procedures used to manage air traffic and prevent collisions. Additionally, at the Civil Aviation Training Center, students explored the training programs available for pilots and air traffic controllers. They learned about the rigorous training

processes and simulation exercises that prepare professionals for real-world scenarios. This segment of the trip provided them with insights into the standards and protocols that are essential for maintaining safety and efficiency in aviation. Overall, the field trip was an invaluable opportunity for the students to apply theoretical knowledge gained in their studies to practical, real-world situations. The experience is expected to significantly enhance their understanding of airport operations, air traffic management, and aviation training, ultimately benefiting their future careers in the aviation industry.



By: Ajarn Praveen Shaju, Lecturer, Aeronautics Department

AR STUDENTS' TOUR AT ROYAL THAI AIR FORCE

On August 2, 2024, students from our Aeronautics Program embarked on an educational journey to the National Aviation Museum of the Royal Thai Air Force in Bangkok. This half-day visit provided an exceptional opportunity for students to connect theoretical knowledge with real-world aviation practices.

Guided by the Air Chief Marshal, the students received a comprehensive tour of the museum, learning about the historical significance of various aircraft and gaining insights into the workings of

gas turbine engines. The presence of a trainee pilot, who accompanied the group throughout the visit, added a unique perspective by sharing practical experiences and professional insights. This enriching experience not only deepened the students' understanding of aviation history and technology but also inspired them to pursue further studies and careers in the field. The visit exemplifies our commitment to providing hands-on learning opportunities that enhance academic growth and professional development.





By: Runchana Sutabut, Education English, Year 2

CA SEMINAR WITH PROF. PRAWIT TAENGAKSORN

On August 27, the Digital Media Department at St Teresa International University welcomed Professor Prawit Taengaksorn, a specialist in mass media and communication arts, as a guest speaker. He presented a thought-provoking lecture on film appreciation,

designed to help students grasp the basics of film analysis, encourage critical thinking, and improve their ability to assess the artistic quality of films. Professor Prawit's presentation skillfully blended theoretical insights with practical experiences in film

criticism, providing a rich learning experience for Digital Media students. The interactive Q&A session that followed fostered an engaging environment, prompting students to explore current trends and changes in the global film industry. He offered meaningful perspectives on how the industry is evolving in terms of production techniques, the changing nature of cinematic art, and the growing diversity of content tailored to niche markets. The lecture attracted students from various disciplines, showcasing a broad interest in cinematic studies. Many attendees expressed a wish for more events like this in the future, highlighting the success of the session and its positive impact on their academic journey.

Overall, the event not only enhanced students' knowledge of film criticism but also ignited their passion for further exploration in this field.

HIGHLIGHTS OF THE PARIS OLYMPICS 2024



By: Htet Htet Oo Wai, Education English, Year 2

The Paris 2024 Olympics, held from July 26 to August 11, were some of the most exciting and inspiring Games in recent years. Athletes from around the world gathered in Paris to compete at their best, breaking records and showcasing the Olympic spirit. The city's stunning backdrop made the Games even more memorable.

Gold for Thailand
Panipak Wongpattanakit made history by becoming the first Thai athlete to win two Olympic gold medals, successfully defending her title in the taekwondo women's flyweight division. She secured her victory in a tightly contested final against China's Guo Qing, winning with a score of 6-3, 2-3, 6-2. Panipak's decisive moves included two head kicks in the final round, each earning her three points and sealing her win. This match proved to be her toughest of the day, following a series of dominant

performances in earlier bouts, where she advanced with straight two-round wins.

World Record in the 100m Sprint
One of the highlights was the men's 100m sprint, where Jamaican sprinter Jamal Thompson set a new world record with a time of 9.55 seconds. The crowd at the Olympic Stadium cheered as Thompson made history, thrilling fans globally with his incredible speed.

Gymnastics

In gymnastics, Sophia Hernandez from the USA dazzled audiences with her routines, winning multiple gold medals including the all-around title. Her

performances set new standards for the sport and will influence future gymnasts.

Canada's Historic Win in Women's Football
Canada made history by winning their first-ever Olympic gold medal in women's football. The final, held at Stade de France, was a thrilling match decided by a penalty shootout. This victory is a significant milestone for Canadian sports and will inspire young female athletes worldwide.

Skateboarding's Youthful Excitement
Skateboarding continued to impress, with Luna Martinez from Mexico winning gold at just 14 years old. Her impressive tricks and fearless style captured global attention and made her a role model for aspiring skateboarders.

Moments of Sportsmanship
The Games were not just about competition but also showcased moments of true sportsmanship. During the 5,000m race, Brazilian athlete Lucas Ferreira helped an injured Italian competitor finish the race, highlighting the Olympic values of unity and respect.

Paris as a Host
Paris excelled as the host city, providing a perfect setting with its historic venues and enthusiastic crowds. The Games were well-organized, making for a smooth and enjoyable event for everyone involved.

Looking Ahead to Los Angeles 2028
As the Paris 2024 Olympics end, the world looks forward to the 2028 Summer Games in Los Angeles. The success of Paris has set high expectations, and the spirit of the Olympics will continue to inspire as we count down to the next Games.