



## TRSU COMMUNITY HONORS THE LATE DR. THERESA VIRACHANEE PHROMSUNTORN IN MEMORIAL MASS



On March 4, St. Mary Building became a sacred gathering place as the TRSU family came together to honor the late Madam Dr. Theresa Virachanee Phromsuntorn on the occasion of her second death anniversary. The solemn mass, held in her memory, was attended by both Catholics and Buddhists, united in their love and respect for Madam Theresa.

The hall was filled with TRSU staff, faculty, and some of Madam Theresa's close relatives, all paying tribute to a beloved figure who touched the lives of many. Following the heartfelt ceremony, attendees shared a savory luncheon, continuing the celebration of her life and legacy.

passed since her passing, Madam Theresa's care, compassion, and vibrant spirit remain deeply ingrained in the hearts of those who knew her. Her warm smile and sweet laughter continue to be remembered fondly by the entire TRSU community.

Madam Theresa, you are  
Though two years have always loved and missed.







## WELCOMING THE NEWBIES FOR TRSU IEP 2025

On March 14-15, the Joseph-Marie Building became a bustling hub of activity as it served as the venue for students registering for the TRSU Intensive English Program 2025. This event marked the beginning of an exciting academic journey for many, as eager students from across the country gathered to sign up for the program. Accompanied by their families, the atmosphere was filled with anticipation and excitement, evident in the smiles and wide-eyed expressions of the new students. Individuals from various provinces, each bringing their own unique backgrounds and stories, were united

by their shared goal of improving their English skills. The event not only provided the students with the opportunity to complete their registration but also allowed them to meet fellow students, share their excitement, and learn more about what to expect from the program.

Following this, the first official session of the TRSU Intensive English Program 2025 commenced on March 17, marking the beginning of an immersive and enriching academic experience for the students. The third floor of the Administration Building quickly filled with the sounds of eager conversations and laughter as

students, marketing staff, and lecturers gathered to kick off the first day. The sense of anticipation was palpable, as everyone was looking forward to a day filled with new beginnings and opportunities. The students, filled with hope and excitement, were ready to embark on their educational journey, while the marketing staff and lecturers, who had worked tirelessly to ensure the success of the program, eagerly anticipated the start of the academic activities. It was a day of optimism and enthusiasm, with all involved anticipating a wonderful start to what promised to be a transformative learning experience.



## TURNING STRUGGLES TO SUCCESS

The Student Affairs Office has designated a weekly session for TRSU IEP students to meet and discuss important matters, along with the Marketing and Guidance team. During these scheduled hours, students receive guidance on building strong character, making the most of their time on campus, and exploring areas of interest both on

and near the university.

Additionally, students are taught how to live independently, as many are far from their families and navigating life with unfamiliar dormmates. The Marketing and Guidance team also provides essential information on how to thrive in a university setting. This

session offers students an opportunity to voice their thoughts, struggles, and feelings, which the team promptly addresses. It's a moment for students to speak up and be heard.

TRSU would like to express its appreciation to the Marketing and Guidance Team and the Student Affairs Office for their tireless efforts in supporting our students' success. These initiatives are designed to help students stay on course, finish their studies, and achieve their goals. Remember, we will walk together toward success.







## TRSU IEP ORIENTATION 2025

On the morning of March 18, the much-anticipated university orientation took place, marking a significant moment for the incoming students. The session began with a warm welcome from our University President, Dr. Piyada Wattanasan, who addressed the students with inspiring words. Dr. Wattanasan took the opportunity to introduce the new students to the values, mission, and vision of TRSU, emphasizing the importance of academic excellence and personal growth during their time at the university. She also introduced the students to the dedicated team of lecturers and staff, each of whom plays a key role in shaping the student experience at TRSU. Following her address, other TRSU administrators and deans took

the stage to present their assigned topics, which included an overview of the university's various programs, policies, and student services. This part of the orientation provided the students with an understanding of what to expect throughout their academic journey, offering them a glimpse into the structure of the institution and its commitment to their success.

In the afternoon, a faculty orientation was held in a more intimate and personalized setting, designed to foster deeper connections between students, lecturers, staff, deputy deans, and deans. This session was a special occasion that allowed for more meaningful interactions, as students had the opportunity to engage

directly with their future mentors and colleagues. Detailed information about the faculty's academic offerings, teaching methodologies, and resources available to students was shared. The faculty members were introduced to the students, giving them a chance to familiarize themselves with the team that would guide them in their studies. The session also featured an open forum, where students were encouraged to ask questions, share their thoughts, and discuss any concerns they may have had. This allowed for an open and transparent exchange of ideas, helping students feel more comfortable and confident as they embarked on their academic journey.

Throughout the session, there was also time for capturing memories through photographs, preserving the moment of the students' first interactions with the faculty and staff. The faculty members expressed their sincere wishes for the IEP students, hoping that their time at TRSU would not only be filled with academic achievements but also with personal growth, cultural exchange, and unforgettable memories. It was evident that the faculty is committed to providing a supportive environment where students can thrive, and they eagerly anticipated the students' journey ahead, filled with valuable learning experiences and lasting connections.



## LEARN MORE AND HAVE FUN WITH EDUTAINMENT @TRSU

Wednesdays in the TRSU Intensive English Program are dedicated to a unique blend of learning and fun, specially designed for IEP students. This weekly event

is known as TRSU IEP EduTainment, organized by a dedicated committee. The program's facilitators include Ajarn Willard, Ajarn Leo, Ajarn Dario, Miss Maegan, and other lecturers, as well as volunteer students and student assistants.

The EduTainment program features a variety of English games such as Spelling, Memory, Guess the Word, Bingo, Sentence Construction, Paint a Picture, and many others. These activities aim to engage students while enhancing their English language skills. Additionally, the event includes the

singing of the University Hymn and the TRSU IEP 2025 song, "Moments to Memories."

Beyond language learning, students also develop essential social and interpersonal skills, including leadership, collaboration, sportsmanship, and critical and creative thinking. The EduTainment event is held at the Joseph-Marie Building and involves all IEP students from sections 1 to 5, who participate in friendly competitions with one another.

To recognize and appreciate the efforts of the participants, recognition and prizes are awarded to the winning group, celebrating their hard work and achievements.





## NURSING SCIENCE STUDENTS HAVE REAPED WHAT THEY SOWED

*By: Mr. Abdulloh Chema, Nursing Science, Year 4*

March 7, 2025 – The Joseph-Marie Building was filled with joy, pride, and bittersweet emotions as the fourth-year students of the Faculty of Nursing celebrated their graduation. The ceremony, held to honor the graduates' hard work and dedication, marked a significant milestone in their journey toward becoming healthcare professionals.

Faculty members, families, and friends gathered to witness the event

with their faces reflecting a mix of excitement and nostalgia. The celebration did not only symbolize academic achievement but also fostered a sense of pride among the students as they prepared to embark on their professional careers.

Many graduates expressed deep emotions, recalling the challenges and triumphs they experienced throughout their studies. As they bid farewell to their alma mater, never-ending capturing of emotional moments was displayed

which made the graduates and the whole Faculty of Nursing Science start to feel the “sepanx” (separation anxiety).

The graduation ceremony concluded with heartfelt speeches and words of encouragement, reminding the new nurses of their vital role in the healthcare industry. While their academic chapter has ended, their mission to serve and heal is just beginning.

**CONGRATULATIONS!!!**



## TRSU CELEBRATES THE BRIGHT FUTURES OF NURSING GRADUATES

St Teresa International University is filled with pride as we celebrate the graduation of our Bachelor of Nursing Science students from the class of 2024. These remarkable individuals have not only excelled academically but have also secured positions at some of the most respected hospitals in the country. Their hard work, passion, and determination have paid off, and they are now ready to embark on the next chapter of their nursing careers.

On Tuesday, March 4, 2025, a

heartfelt ceremony was held at the Joseph Marie Building Auditorium, where graduates were officially welcomed into their new roles by representatives from the following esteemed hospitals:

Phyathai and Paolo Hospital Network  
Sukhumvit Hospital  
Nonthavej Hospital  
Vibhavadi Hospital  
Prince Suvarnabhumi Hospital  
Vathanapat Hospital, Trang  
Vichaiyathana International Hospital,  
Samut Sakhon

Mahachai 1 and 2 Hospital

This is more than just a graduation—it's the beginning of a promising journey for these future nursing professionals. At TRSU, we've had the privilege of being a part of their growth, equipping them with the knowledge, skills, and passion needed to make a real impact in healthcare. We couldn't be more excited to watch them thrive in their new roles and contribute to improving patient care with compassion, expertise, and dedication.





## TRSU DORM NIGHT ON ITS 3<sup>RD</sup> SEASON

On the evening of March 20, after our IEP students completed their pre-test, the TRSU Dorm Night 2025 began. The dormitory grounds buzzed with excitement as IEP students, lecturers, staff, and administrators gathered for a memorable evening with the TRSU family. As anticipated, the night was filled with music, delicious food, raffle prizes, photos, videos, lively conversations, and performances.

Our talented IEP students took to the stage, showcasing their skills and impressing the audience. The food stalls around the dormitory grounds satisfied the students' hunger, while the raffle draws added to the excitement as everyone eagerly awaited their numbers to be called.

The vibrant atmosphere was further heightened by the continuous capture of special moments through

cameras, recording memories that will last.

TRSU Dorm Night is held every Tuesday throughout March, April, and May. With more spectacular performances, exciting prizes, delicious dishes, and unforgettable moments ahead, the coming TRSU Dorm Nights promise even more excitement and cherished memories.



## A MEMORABLE NURSING SCIENCE BYENIOR EVENT AT TRSU



*By: Mr. Saifa Saengmahasak,  
Nursing Science, Year 1*

For the first time, I had the pleasure of attending the much-anticipated ByeNior event, held on March, 2025, at the St. Mary Building. This annual gathering brings together students from all year levels, from first-year freshmen to fourth-year seniors, to honor and celebrate the graduating class.

The event's main purpose is to congratulate the seniors and send them off with blessings as they prepare to embark on the next chapter of their lives. This year's ByeNior event was particularly special for

me. It not only provided a unique opportunity to interact with the seniors but also allowed me to gain insight into their journeys and achievements.

What stood out the most was witnessing the academic accomplishments of the graduating seniors. Their hard work and dedication were inspiring, serving as a reminder of what we, as younger students, can strive toward.

As I look ahead, I can't help but imagine myself in their shoes, standing as a senior at a future ByeNior event, ready to celebrate my own achievements and embark on the next phase of life.





## Congratulations นายวสันต์ จันทร์อ่อน นักศึกษาพยาบาลชั้นปีที่ 2

ได้รับทุนการศึกษาจาก  
สมาคมพยาบาลแห่งประเทศไทย  
สาขาภาคตะวันออก



## Congratulations นางสาวเมธาวิ ไยเล้าะ ผู้สำเร็จการศึกษา ปีการศึกษา 2567

ได้รับรางวัลนักศึกษาพยาบาลดีเด่น  
ของสมาคมพยาบาลแห่งประเทศไทย  
สาขาภาคตะวันออก

### OUTSTANDING NURSING STUDENT ACHIEVEMENTS: EXCELLING WITH MULTIPLE AWARDS

*By: Miss Methawee Yailoh, Nursing Science, Year 4*

As a nursing student, my academic journey over the past four years has been incredibly rewarding. I've been fortunate enough to receive several prestigious awards that reflect the hard work, dedication, and passion I've poured into my studies. Here are the honors I'm proud to have earned:

•**Award for the Highest Cumulative GPA:** A recognition of my commitment to maintaining the highest GPA throughout the entire nursing program.

•**Award for the Highest Practical Course GPA:** Acknowledging my performance in hands-on nursing courses, where I excelled with the top practical course GPA.

•**Award for Outstanding Participation:** Given for my active and enthusiastic participation in various activities during the program.

•**Outstanding Nursing Student of TRSU:** A prestigious honor for my nursing skills and dedication.

•**Outstanding Nursing Student from the Nursing Association of Thailand (Eastern Region):** An award from the Nursing Association recognizing my academic and professional achievements.

These awards didn't come easy—they were earned through countless hours of studying, staying focused, and consistently giving my

best. Throughout these four years, I made it a point to push myself, not just academically but also in practical settings, ensuring I made the most of every opportunity to learn and grow.

To earn these awards, it wasn't enough to just achieve high grades. It also required demonstrating good conduct, professionalism, and responsibility—qualities that I've tried to embody in every aspect of my work. My discipline and determination are what set me apart, and I'm incredibly proud of that.

Beyond the recognition, these awards have given me a significant boost in shaping my future career. They've strengthened my resume and will give me a competitive edge as I enter the nursing field. It's exciting to think about how these accomplishments will open doors for me in the future.

Looking back, I feel an overwhelming sense of pride and happiness. I'm deeply grateful to my teachers for their guidance and support, but I'm also proud of myself. My diligence, patience, and determination have brought me to this moment, and I can't help but feel incredibly thankful.

If there's one thing my journey has shown me, it's that hard work and perseverance truly do lead to great things. I hope my story can inspire other nursing students to keep pushing forward and striving for their own

success.

*By: Mr. Wasan Janoon, Nursing Science, Year 2*

I'm not entirely sure what the exact criteria were for being selected as a scholarship recipient by the Nursing Association of Thailand, Eastern Region, but I believe it likely considered a mix of factors. It could be based on the responsibility I've shown in my nursing work—through professionalism and dedication to patient care—along with academic achievements, such as maintaining strong grades and deepening my understanding of the field.

Receiving this scholarship feels like a huge milestone in my journey. I'm genuinely proud of how hard I've worked, both in the classroom and during my internships. It hasn't always been easy balancing tough coursework with hands-on experience in clinical settings, but I've always pushed myself to grow and learn as much as I can. This scholarship is a reminder that all the effort I've put in is paying off, and it encourages me to keep pushing forward.

Ultimately, my goal is to continue developing as a nurse and to give back by improving healthcare for others in the community. Knowing that I'm on the right path makes me excited for the future.



# WHAT IS EID AL-FITR?

Eid al-Fitr is a very significant feast for Muslims, marking the end of Ramadan and a time to have wonderful time with family and friends.

## When is Eid al-Fitr celebrated this 2025?

Eid al-Fitr is on Sunday, March 30, 2025, following the moon sighting.

## How many days do Muslims celebrate Eid al-Fitr in 2025?

Eid lasts for one day, on Sunday, March 30, 2025, with Eid prayers and no fasting.

## What does Eid al-Fitr mean?

Eid, meaning “festival of breaking the fast,” celebrates the end of

Ramadan. It’s a day of joy, gratitude, and worship, honoring Allah for the strength to complete the fast and for His blessings.

## What do Muslims do on Eid al-Fitr?

Perform the Eid prayer

Take a different route to and from the prayer

Wear your best clothes and fragrance

Share gifts and good wishes

Make Du’a and engage in worship

## What is the importance of Eid al-Fitr?

Eid celebrates the end of Ramadan and expresses gratitude to Allah. It strengthens family and community

ties through visits, gifts, and prayers.

## Why does Eid al-Fitr need to be celebrated?

Eid marks the conclusion of Ramadan, a month of fasting. The day is filled with virtues, including collective prayers and thanking Allah for His blessings.

## What does Eid al-Fitr symbolize?

Eid symbolizes the reward for enduring the fast and the promise of heavenly bliss for those who fulfill their duties to Allah.

**Happy Eid al-Fitr to all our dear Muslim brothers and sisters!!!**



## TRSU LAUNCHES THE INTENSIVE ENGLISH PROGRAM CLASS WITH A PRE-TEST

On March 20, St Teresa International University held the 2025 pre-test for its Intensive English Program. This assessment was administered to summer students to evaluate their initial knowledge and skills in English at the start of the summer term. Its primary goal was to identify students' strengths

and areas for improvement in English language proficiency.

The pre-test was conducted in a calm and focused environment, with most students appearing serious and attentive as they worked. Invigilators, along with student assistants, actively supported the test

takers to help reduce any pressure or tension.

The pre-test consisted of two parts: Listening and Reading—receptive skills that students are expected to develop throughout the semester. Alongside with Speaking and Writing – productive skills.

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# Congratulations!

**นายต่อภูมิ บุญบางยาง**  
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## TRSU INSPIRES: FROM UNIVERSITY TO A PROMISING CAREER IN AVIATION

A heartfelt congratulations to Mr. Torpoom Boonbangyang, better known as P'Top, a proud alumnus of the Faculty of Business Administration, where he majored in Air Traffic Control. We are thrilled to announce his recent selection to join Aeronautical Radio of Thailand as an Air Traffic Operations Officer. P'Top's journey from student to professional is nothing short of inspiring and serves as a beacon of dedication, perseverance, and passion for all current and future students aiming for careers in aviation.

P'Top's story is proof that when you follow your passion, success follows. By choosing to pursue a field that truly excited him, he not only gained the

technical skills needed for the job but also developed the confidence and determination to enter his career with purpose. His achievement is a reminder that with hard work, focus, and a clear goal, aspiring aviation professionals can turn their dreams into reality.

St Teresa International University is honored to have played a part in P'Top's journey. The college provided not just language skills and expert faculty, but also a strong network of industry connections to support students on their career paths. We are proud to continue being the first step in the journeys of all our students, equipping them with the knowledge, experience, and support they need to excel in their chosen fields.



## THE EARTH SHOOKT LIKE ETERNITY

On March 28, an earthquake shook various parts of the world at approximately 1:20 PM, affecting regions including Bangladesh, India, Laos, Myanmar (Burma), Thailand, and China. The epicenter was located 10 km from Sagaing, Myanmar, with a magnitude of 7.7.

At St Teresa International University (TRSU), it was an ordinary Friday for students, lecturers, staff, and administrators. While everyone was engaged in their usual afternoon activities, the tremors, lasting nearly a minute, were suddenly felt. In a rush of adrenaline, some members of the TRSU community quickly evacuated the administration building and moved to open areas for safety.

Despite the urgency, they were advised to remain calm and exit the building in an orderly manner. Fortunately, no one from the TRSU family was injured, though many were understandably shaken by the experience. Some students immediately called their families to check on them and reassure them of their safety.

In times of earthquakes, it is crucial to prioritize safety by taking cover under sturdy objects like tables or chairs if evacuation is not possible. Remaining calm and composed is equally important, as panic can lead to further danger. Being attentive and thinking quickly about how to protect oneself and others can make a significant difference.

As reported in the news, several buildings in Bangkok and Myanmar collapsed due to the earthquake. In Bangkok, residents were seen rushing to the streets, seeking safety in open spaces. Tragically, a number of people were injured or lost their lives during the tremor.

The TRSU family extends heartfelt prayers for strength, recovery, and acceptance to all affected by this disaster. We will continue to pray for everyone's safety and well-being. Remember, in times of emergency, it is essential to stay calm, composed, and alert.