



A NIGHT OF TRADITION AND UNITY: TRSU CELEBRATES LOY KRATHONG FESTIVAL

Under the glow of a serene full moon, St Teresa International University (TRSU) joined the nation in celebrating one of Thailand's most cherished cultural festivals—Loy Krathong. On a November evening, the university family gathered on the open grounds beside the Faculty of Nursing Building, transforming the campus into a vibrant hub of tradition and festivity.

Organized by the Student Affairs Office, the event offered an array of activities and presentations designed to create lasting memories for all attendees. The highlight of the evening was the Krathong-making contest, where students showcased their creativity by crafting intricate and colorful floats. These delicate creations, symbolic of letting go of negativity and making wishes for the

future, became a centerpiece of the night's celebrations.

Throughout the venue, food booths served a variety of delectable treats, adding to the festive atmosphere. At the heart of the grounds, cultural performances mesmerized the crowd, offering a beautiful display of Thailand's rich heritage. As the evening unfolded, the floating of the krathongs—the festival's symbolic ritual—became a moment of harmony and reflection, drawing together participants in a shared act of hope and gratitude.

Adding a splash of color and tradition to the event, many students and lecturers dressed in culturally inspired costumes, enhancing the festive ambiance. The TRSU community embraced the occasion with enthusiasm, savoring not only

the delicious food but also the vibrant visuals and the heartfelt spirit of the Loy Krathong Festival.

Through celebrations like this, St Teresa International University reaffirms its commitment to connecting students with local culture and traditions. These efforts ensure that new generations not only understand but also actively preserve and practice the timeless customs of Thai heritage.

Loy Krathong at TRSU was more than just a celebration—it was a bridge between past and future, fostering a deeper appreciation of Thailand's enduring cultural legacy. As the krathongs floated away under the moonlit sky, they carried with them the hopes and dreams of the TRSU family, leaving a lasting sense of unity and joy.



BE STUDENTS EXPLORE ART AND INSPIRATION AT MOCA BANGKOK

On November 26, students from Years 1 to 3 in the English for Business Communication program took part in an unforgettable journey into the world of contemporary art at the Museum of Contemporary Art (MOCA) in Bangkok. The visit offered an opportunity for students to immerse themselves in a cultural experience that blended education, creativity, and inspiration.

MOCA, a five-story architectural marvel, is home to an impressive collection of art by celebrated local and international artists. Each floor features a distinct theme, offering a kaleidoscope of artistic concepts and thought-provoking exhibits. This diversity captivated the students, who eagerly

explored the galleries, marveling at the creativity and craftsmanship on display.

As they moved from one floor to another, the students gained valuable insights into the realm of contemporary art, sparking new ideas and broadening their understanding of visual storytelling. The museum's grandeur and artistic richness inspired an endless stream of photo opportunities, with cameras clicking away to capture the essence of every masterpiece.

MOCA's visually striking ambiance, frequently chosen as a backdrop for milestone celebrations such as graduations and weddings, added an extra layer of charm to the visit. For the students, the experience

was not only a chance to appreciate world-class art but also to witness the impact of design and creativity in a professional setting.

Although their time at MOCA was short, it was a profoundly enriching experience that left a lasting impression. Seeing globally acclaimed artworks in person sparked a sense of awe and fulfillment, making the trip an unforgettable highlight of their academic journey.

The BE students returned from MOCA with more than just photos—they carried back inspiration, new perspectives, and a deeper appreciation for the transformative power of art.



I WENT BACK TO MOVE FORWARD

By: Joanna Krishna Q. Reyes, M.Ed.



Take Me Back to 2008

Like any indecisive, free-spirited young professional from the Philippines, I was uncertain about the direction of my career. In the second year of my employment, I received a life-changing call from Thailand. I was offered the chance to pursue a Master's in Education at St. Theresa INTI College, thanks to a thoughtful referral from the parent of one of my students to the Filipino human resources officer at STIC. I was ecstatic! However, as a young woman and an only daughter, my parents initially forbade me to go. At that time, I wasn't too disappointed, as the idea of going abroad intimidated me.

Fate, however, had other plans. A year later, the HR officer from STIC called again. This time, my parents encouraged me to take the leap. So, in 2008, I flew to Thailand with two of my closest friends. I embarked on a journey to study at STIC while working as a volunteer English language teacher. At 23 years

old and traveling abroad for the first time, I faced numerous challenges but also gained invaluable experiences.

I encountered amazing and, at times, challenging people at work and graduate school. Balancing work and studies was no easy task, but I managed to complete my coursework within two years. However, the daunting task of thesis writing weighed heavily on me. I put it aside, choosing instead to focus on my expatriate life.

Take Me Back to 2016

As I entered my mid-30s, I couldn't shake the guilt of unfinished business. Determined to finally complete my master's degree, I returned to St. Theresa International College. By then, I had matured into a more dedicated educator eager for professional growth. I had enjoyed my share of fun and adventure, wasted time and energy aimlessly, and gained valuable life experiences.

This time, I was ready to make sacrifices. Time, effort, and money were invested, and I reminded myself not to complain—I had chosen this path. The journey was far from smooth, especially with the onset of the COVID-19 pandemic, the relocation of the postgraduate department, and my own health struggles. Through it all, I stayed focused, reminding myself of the importance of this goal.

As Karl Menninger said, "What a teacher is, is more important than what he teaches." I aspired to be more for my own growth and for the students who depended on me. While facing the consequences of past decisions, I was grateful to be

surrounded by people who encouraged me to persevere.

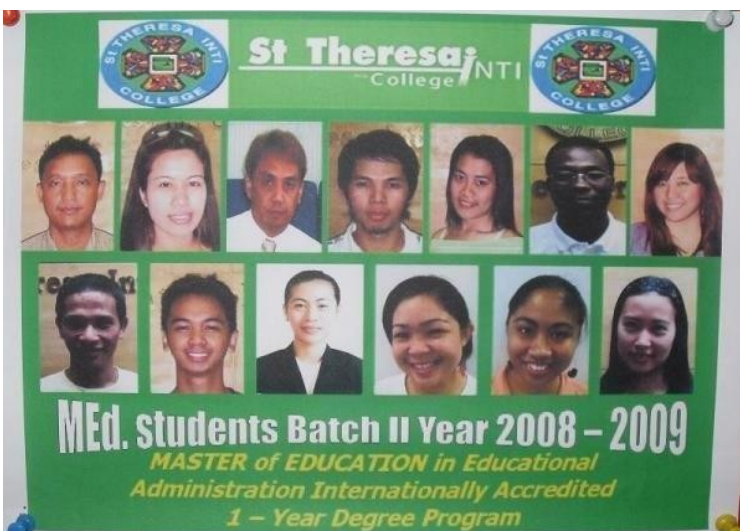
What I Learned from Going Back

Life truly begins at 40. After overcoming countless adversities, I proudly earned my Master of Education degree as St. Theresa International College became St. Theresa International University. However, the degree was not the only reward. Much like Jesus, who learned obedience through suffering and submission, I grew in wisdom, stature, and favor, embodying the principles of a holistic education in content, method, and purpose.

As Abigail Adams aptly said, "Learning is not attained by chance; it must be sought for with ardor and diligence." This journey taught me patience, persistence, resilience, and discipline. I learned to value my time and respect the time of others. The process enhanced my ability to express valid opinions rooted in research and experience while respecting the expertise of others.

Most importantly, I realized that I cannot give what I do not have. Lifelong learning is essential, and I must continually equip myself with academic rigor and engage in critical reflection and inquiry to improve my craft. Earning my master's degree made me a fighter and a believer, not a quitter. In moments of doubt, I reminded myself why I had held on for so long. Great things take time, and nothing worth having comes easy.

To my mentors and supporters, I extend my heartfelt gratitude. To my fellow graduates of 2024, congratulations to us all!





TRSU CELEBRATES MILESTONE MOMENT WITH 2024 COMMENCEMENT EXERCISES

The third week of November marked a truly monumental occasion for the TRSUnatix, as St Teresa International University hosted its 2024 commencement exercises. The university campus was a vibrant scene, brimming with energy and excitement as families and friends from across Thailand gathered to honor their graduating students.

The celebrations began on November 19th with a full day of rehearsals. Under the bright, sunny

skies, the day started with group photos capturing joyous moments among graduates and faculty. Following the photo sessions, faculty members led the graduates in a walk rehearsal, ensuring a smooth procession for the main event. Later in the afternoon, the focus shifted to a grand-scale rehearsal at St. Mary's Building. The enthusiasm of the graduating students, junior participants, and responsible lecturers was infectious as they worked together to perfect every detail.

To wrap up the day, the head of the graduation committee delivered essential announcements, designed to ensure the ceremony would proceed without a hitch. As the rehearsal concluded, many students took the chance to wander the picturesque campus, snapping photos with friends and family in places they had grown to love over their four years at TRSU. It was a poignant moment, with smiles, laughter, and even a few tears as students reflected on their journey.





The highlight of the week arrived on November 21st with the TRSU 2024 Commencement Exercises. The campus was alive with a mix of pride, joy, and anticipation as graduates and their loved ones began arriving. Dressed in their finest attire, each graduate carried not only their diploma but also a heart full of gratitude.

Before the formal procession, the graduates gathered behind the Administration Building, capturing candid, behind-the-scenes moments destined to become treasured memories. Soon, the long-anticipated ceremonial march began. With juniors and family members cheering them on and taking countless photos, the graduates made

their way to St. Mary's Building Hall, where their big moment awaited.

The ceremony was graced by the presence of His Excellency Archbishop Peter Bryan Wells, Apostolic Nuncio of the Holy See, who delivered an inspiring keynote address and personally congratulated each graduate as they received their diplomas. The solemn yet joyous atmosphere filled the hall as attendees celebrated the culmination of years of hard work and perseverance.

When the formalities concluded, the graduates reunited with their families and friends outside the hall. It was a scene filled with emotion—proud parents, heartfelt hugs, and cameras

capturing the graduates, radiant in their academic regalia, surrounded by their loved ones.

This year's commencement was not just a celebration of academic achievement but also a testament to the enduring spirit of the TRSU community. As the graduates leave their beloved Alma Mater, they carry with them not only the lessons learned but also memories that will last a lifetime.

CONGRATULATIONS, TRSU Graduates! May your journey ahead be as bright as your achievements, and remember, your TRSU family will always welcome you back with open arms. Keep the spirit alive and continue to shine wherever life takes you!



ED OBSERVATION AND INTERNSHIP EXPERIENCE

Our Education major students from Years 1 to 3 recently completed a three-week off-campus internship. Here are some of the stories and experiences that our EDE year 1 international students from Myanmar would like to share with everyone:



Thin Thin Aung

My internship experience was both enjoyable and an excellent learning opportunity. I taught kindergarten students in small groups, focusing on foundational skills through engaging activities such as storytelling, games, and songs. Observing and assisting experienced teachers gave me valuable insights into classroom management and effective teaching strategies for young learners. I also learned to adapt my lessons to sustain student interest and meet their individual needs. This experience significantly enhanced my teaching skills, patience, and ability to create a joyful and stimulating learning environment.

Ei Myat Noe Thaw

During my internship, I led a



special class, learned advanced teaching techniques from my mentor, and actively participated in student observations. My daily routine involved preparing lessons, teaching, providing feedback, and reflecting on my practices. I also observed students in various settings, gaining a deeper understanding of their behaviors during classroom interactions, break times, and extracurricular activities. This holistic approach helped me develop a broader perspective on student development and improved my ability to tailor my teaching strategies to different situations.

Thiri Su San

My internship was an invaluable learning experience that deepened my skills and passion for teaching. I discovered the importance of patience and creativity in engaging students effectively. A significant challenge I faced was the language barrier, which I overcame by using visual aids, simplified explanations, and gestures. This experience equipped me with practical strategies to address diverse classroom needs and reinforced my commitment to fostering inclusive and effective learning environments.



TRSU HOSTS RESEARCH SYMPOSIUM TO FOSTER INNOVATION AND ACADEMIC GROWTH



TRSU RESEARCH SYMPOSIUM#1
Innovation Outcomes: Urgent development at the curriculum and faculty level

15.30 - 15.40 : Interesting Research Topics for Developing Educational Innovations.

15.45 - 15.55 : Trends in Research on Elderly Nursing.

16.00 - 16.10 : Public Health Research in the Digital Era.

16.15 - 16.25 : Research on Developing English Skills Through TOEIC Exercises.

16.30 - 16.40 Business Administration Research : Challenging Diversity for Higher Education Educators

16.45 - 17.00 : Integrating cross-disciplinary research to create innovative outcomes

Wednesday November 6, 2024
3.30 - 5.00 pm

- RESEARCH AND DEVELOPMENT OFFICE
- QUALITY ASSURANCE OFFICE
- ACADEMIC OFFICE

REGISTER :
[HTTPS://FORMS.GLE/U6INQPZPVFTVBWPA](https://forms.gle/U6INQPZPVFTVBWPA)

MEETING ROOM :
[HTTPS://MEET.GOOGLE.COM/YSU-JDFX-DEO](https://meet.google.com/YSU-JDFX-DEO)



participation underscored their

university's mission to advance education and contribute to society.

On November 6, St Teresa International University (TRSU) marked a significant milestone with the successful organization of its **Research Symposium 1**, held under the theme, *"Innovation Outcomes: Urgent Development at the Curriculum and Faculty Level."*

The symposium brought together TRSU's Offices of Research and Development, Quality Assurance, and Academic Affairs in a collaborative effort to highlight the importance of innovation in education. Esteemed speakers from various faculties delivered thought-provoking presentations, sharing practical insights and strategies to enhance curriculum design and faculty development.

The event was attended by TRSU's top administrators and dedicated lecturers, whose active

commitment to academic growth. Attendees expressed appreciation for the wealth of ideas presented, which aimed to strengthen their research capabilities and enrich their professional practices.

As part of the university's broader mission, the symposium serves as a cornerstone for cultivating a robust research culture among TRSU faculty and administrators. By emphasizing the integration of research into academic frameworks, TRSU aspires to create a dynamic environment where innovation drives both teaching and learning.

The success of the symposium not only affirmed TRSU's dedication to academic excellence but also motivated participants to pursue impactful research projects that align with the

With events like this, TRSU continues to position itself as a forward-thinking institution, empowering its academic community to embrace research and innovation as vital components of educational success.





Photo by <https://www.whitehouse.gov/about-the-white-house/presidents/donald-j-trump/>

DONALD J. TRUMP SECURES HISTORIC COMEBACK AS 47TH PRESIDENT OF THE UNITED STATES

In a political twist that will be remembered for years to come, Donald J. Trump has returned to the White House, winning the 2024 presidential

election to become the 47th president of the United States. After previously serving as the nation's 45th president, Trump staged a dramatic comeback, defeating Vice President Kamala Harris in a closely watched and hard-fought race.

The final tally saw Trump securing 312 electoral votes to Harris's 226, a decisive victory in one of the most pivotal elections in recent U.S. history. The outcome reflects a deeply divided electorate but also underscores Trump's enduring influence on American politics.

Following the announcement of the results, Vice President Harris delivered a heartfelt concession speech to her supporters. In her address, she emphasized resilience and hope for the future. "While I concede this election," Harris declared, "I do not concede the fight that fueled this campaign." Her words served as both a farewell and a rallying cry, urging her supporters to continue advocating for social equity, climate action, and unity—core themes of her campaign.

As the nation prepares for the transition of leadership, all eyes are on the White House. Many await Trump's

return to office with a mixture of anticipation and uncertainty, curious to see how his administration will tackle pressing domestic and global challenges. His campaign promises, centered on economic growth, national security, and "putting America first," now face the test of implementation.

The global community, too, watches closely, recognizing the significant impact of U.S. leadership on international affairs. In a time marked by social change, economic pressures, and geopolitical tensions, the stakes for this presidency are higher than ever.

While Trump's victory marks a new chapter for his supporters, Vice President Harris's impassioned speech reminds the country of the unfinished work toward greater equity and justice. Both leaders leave a profound impact on the national discourse, reflecting the complexities and aspirations of a nation that remains a beacon of democratic ideals.

As the dust settles from the election, Americans look toward the future, hopeful that the promises and ideals championed on both sides of the aisle will inspire meaningful progress, unity, and opportunity for all.

TRSU CELEBRATES SAOWAPA CHURCH ANNIVERSARY IN JOYOUS FELLOWSHIP

On November 30, members of the TRSU Catholic community—comprising lecturers and students—came together to join in the festive celebration of Saowapa Church's anniversary. As a long-standing tradition, St Teresa International University (TRSU) has been a proud

participant in this special event, celebrating alongside the Catholic community of Ongkarak and neighboring districts and provinces.

The atmosphere throughout the day was filled with joy and togetherness. Believers gathered to enjoy a variety of food, drinks, and items for sale, reflecting the vibrant and communal spirit of the celebration. The highlight of the event was the anniversary Mass, which took on a deeper significance with the presence of Catholic leaders and priests, who led the congregation in prayer and

reflection.

For TRSU, the event holds a special place in its calendar, symbolizing the university's strong connection with the local Catholic community. It's an occasion that reinforces the university's commitment to fostering unity, spirituality, and tradition.

As the TRSU family comes together to honor Saowapa Church's enduring legacy, we extend our heartfelt wishes for many more years of shared celebrations, fellowship, and blessings.

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