



A SEASON OF LOVE, JOY AND HOPE: TRSU CHRISTMAS CELEBRATION 2025

By: Kritmongkhol Pradab, Air Traffic Control, Year 1



On December 19, 2025, the St Teresa International University (TRSU) campus was transformed into a hub of festive cheer as students, faculty, staff, and executives gathered for the Christmas and New Year's Program. The event was a vibrant testament to the university's spirit of solidarity, marking the end of the academic year with a profound message of hope and giving.

The Festive Commencement

The afternoon festivities began at 1:00 PM with a seamless registration process, setting a welcoming tone for the day. The official program opened with a solemn prayer and heartfelt welcome remarks from the University President, Dr. Piyada Wattanasan, who

reflected on the true meaning of Christmas: love, kindness, and compassion for one another. Aj. Leo Anthony Flores from the Faculty of Humanities and Social Sciences (HuSo) delivered a report on the day's objectives, emphasizing the importance of community and creative expression.

A Dramatic Retelling: "The Story of the Nativity"

The centerpiece of the afternoon was a captivating skit titled "The Story of the Nativity," directed by Dr. Ruth Ebenezer Amala. The performance brought the traditional holiday story to life with grace and reverence, blending cherished traditions with the innovative energy of our students.

The dramatic production was enhanced by a series of high-energy intermission numbers. Students from the English for Business Communication (BE), Aeronautics (ATC), and International Business (IB) programs showcased their diverse talents, keeping the audience engaged with live musical sets and vibrant dance routines.

The celebration reached its peak during the much-anticipated Christmas Show, where different groups competed with innovative creative acts. The atmosphere in the hall was electric as participants vied for top honors.

After much deliberation, the Faculty of Education emerged as

the big winners of the day, sweeping both major categories: Winner of the Christmas Show and Best Christmas Booth.

Their success reflected a perfect blend of artistic creativity and teamwork, drawing enthusiastic applause from the entire university family.

Beyond the recognition and performances, the event served as a meaningful reminder of our shared values. It provided a rare opportunity for everyone to step away from their academic duties to connect, converse, and exchange holiday blessings. This sense of belonging is what defines the TRSU Family, proving that our community is strongest when we celebrate our collective happiness together.





**HONORING THE FATHER OF THE NATION:
TRSU HOLDS TRIBUTE CEREMONY FOR KING RAMA IX**

On December 4, 2025, St Teresa International University (TRSU) held a solemn ceremony to pay tribute and express profound gratitude toward His Majesty King Bhumibol Adulyadej the Great.

Ajarn Suwat Benjathamatorn, Vice President for Administrative Affairs,

presided over the commemorative event held at the Joseph Marie Building (JMB). The ceremony was organized in observance of December 5th, a day of triple significance for the Thai people: the Birthday Anniversary of the late King Rama IX, Thailand’s National Day, and Father’s Day.

The event was attended by university administrators, faculty members, and a large assembly of students. Together, the TRSU community participated in a formal tribute to honor the enduring legacy and the immense royal grace of the late King, whose lifelong dedication to the development of the nation

continues to inspire the people of Thailand.

Through this ceremony, the university reaffirmed its commitment to preserving the royal virtues and teachings of the “Father of the Nation”, fostering a spirit of unity and loyalty within the campus.



BRIDGING LOCAL WISDOM AND GLOBAL INNOVATION

By: Tananya Chuethong, English for Business Communication, Year 3

AYUTTHAYA — On December 20, 2025, St Teresa International University (TRSU) took education beyond the classroom with an immersive study visit to the Life Long Learning Center (NFE) in Phachi District, Phra Nakhon Si Ayutthaya. The excursion was designed to empower students with a firsthand look at Community Innovation and the practical application of the Philosophy of Sufficiency Economy.

The day began with an inspiring lecture by Ms. Datinee Tampheum, a specialist from the Nong Nam Sai Sub-district NFE. She introduced students to the “Living Learning Center” model, which serves as a blueprint for sustainable career development. The session highlighted how local wisdom, when combined with innovative thinking and the

effective use of natural resources, can transform a community’s economic landscape.

To provide a holistic understanding of social enterprise, students rotated through six specialized learning bases:

1. Weaving Workshop: Exploring traditional textile techniques.
2. Vocational Training Center: Developing modern workforce skills.
3. Mushroom Farm: Learning sustainable agricultural production.
4. Sufficiency Economy Center: Understanding the core principles of balanced living.
5. Water Hyacinth Processing Center: Turning local “waste” into valuable materials.

6. Fermentation and Distillation Center: Science-based production of local beverages.

The TRSU delegation had the opportunity to support local entrepreneurs by exploring Premium Plus community products. Students were impressed by the high-quality innovation behind items such as handwoven water hyacinth fabrics, pandan leaf-coated salted eggs, and water hyacinth rice noodles. The group also sampled powdered water hyacinth beverages and locally produced artisanal wines, showcasing the potential for traditional products to reach national standards.

The journey continued to the historic Wat Tako, where students and faculty paid their respects to the revered Luang Pho Ruay. Embodying the

university’s commitment to social responsibility, students participated in a volunteer activity, distributing ribbons to residents and tourists as a tribute to Her Majesty the Queen Mother.

This study visit was more than just a field trip; it was a deep dive into the values of sharing, social responsibility, and sustainable growth. By observing how local resources are transformed through innovation, TRSU students have gained a clearer vision of how they can contribute to society as future leaders and innovators.

The university thanks the Life Long Learning Center of Phachi District and all participants for making this experiential learning journey a resounding success.

CHRISTMAS PARTY



A Night of Festive Fellowship: TRSU Hosts All-Campus Christmas Celebration

On the evening of December 23, 2025, St Teresa International University (TRSU) brought its entire campus community together for a grand Christmas celebration, honoring the hard work and dedication of its administrators, lecturers, and staff. The event served as a radiant conclusion to the academic year, filled with joy, gratitude, and holiday spirit.

The Evening Begins

The festivities commenced at 5:15 PM with a vibrant registration and assembly period,

as colleagues from various departments gathered to share holiday greetings. The formal program opened with a solemn prayer, followed by a warm and inspiring welcome address from the University President, Dr. Piyada Wattanasan. In her remarks, Dr. Piyada expressed her deep appreciation for the TRSU family, emphasizing the importance of unity and the “spirit of giving” that defines the university’s culture.

A Showcase of Talent and Taste

Following the opening rites, a grand festive dinner was served, providing a perfect

Joy and Harmony: Faculty of Education Celebrates Annual Christmas Party

On December 18, 2025, the Faculty of Education at St Teresa International University (TRSU) transformed the Education Learning Center into a hub of festive cheer for its highly anticipated annual Christmas party. The event brought together administrators, lecturers, staff, and students for a day dedicated to celebration, community, and the spirit of giving.

The festivities commenced at 11:30 AM with a warm and inspiring opening message from Dr. Annop Phothisuk, Director of the Office of the Quality Assurance Affairs, who reflected on the achievements of the faculty over the past year and emphasized the importance of unity and joy during the holiday season.

Showcasing Student Talent

The program quickly transitioned into a vibrant showcase of student creativity. Students from the first, second, and third years took to the stage, delivering a series of energetic dance routines and heartfelt vocal performances. These showcases not only highlighted the artistic talents of the future educators but also fostered a sense of camaraderie across the different year levels.

Tradition and Fellowship

Following the performances, the TRSU community sat down to a communal lunch, providing a valuable opportunity for students and faculty to bond outside of the traditional classroom setting. The atmosphere remained high-spirited as the afternoon moved into the much-loved holiday traditions:

- **The Christmas Raffle:** Excitement filled the room as lucky winners claimed

setting for fellowship. As guests enjoyed their meal, the stage came alive with spectacular performances. In a true display of “departmental pride,” staff and faculty members from across the university showcased their hidden talents through a series of creative singing and dancing routines. These performances were the highlight of the night, sparking laughter and cheers from the audience.

Raffles, Games, and Joyous Memories

The excitement reached its peak during the highly anticipated Christmas raffle, where numerous prizes were

distributed to lucky winners. The evening was further energized by interactive games that encouraged teamwork and friendly competition among the guests.

The celebration drew to a close at approximately 9:00 PM. As the music faded, the sense of camaraderie remained, leaving everyone with fond memories and a renewed sense of connection. The 2025 TRSU Christmas Party was more than just an event; it was a heartfelt “thank you” to the people who make the university a vibrant place to learn and work.



various prizes, adding an element of surprise to the day.

- **Exchange Gift:** Students and staff participated in a heartfelt exchanging of gifts, symbolizing the season’s core values of sharing and appreciation.

with a series of interactive games that sparked laughter and friendly competition, ensuring that the event ended on a high note. The Faculty of Education’s Christmas party once again proved to be a memorable occasion, strengthening the bonds of the “Education Family” as they look forward to a successful new year.

The celebration concluded



May this festive season bring you peace, joy, and renewed hope. We wish you and your loved ones a Merry Christmas filled with good health, success, and inspiration.



A PERFORMANCE OF FAITH: CA STUDENTS RE-ENACT THE NATIVITY STORY

By: Dr. Ruth Ebenezer Amala, Lecturer, Communication Arts Department, Faculty of Humanities & Social Sciences



Christmas Play: Celebrating the True Meaning of Christmas was a key part of the Christmas Celebrations held on Friday, 19 December 2025. It brought together students, faculty, and staff for a joyful and meaningful celebration.

The centerpiece of the program was a creative Nativity Skit performed by students from Communication Arts, Business English, Logistics, and Public Health. Beginning with a modern classroom scene that humorously reflected student life, the skit led the audience to

rediscover that Christmas is not about Santa Claus, decorations, or gifts, but about Christ—God's love revealed to the world. The story unfolded through key biblical moments, supported by Scripture narration and traditional Christmas hymns.

The choir, coordinated by Aj. Ramona, featured staff members Dr. Pushparaj, Dr. Ekta, Dr. Pavan, Aj. Omega Rose, Aj. Leo, and Aj. Willard Jeff, along with students from the Education and Hotel and Tourism departments, creating a reverent and uplifting atmosphere.

Aj. Khomson shared a brief, heartfelt Christmas message about his life journey and how Jesus was born in his life, adding a deeply personal touch to the event.

The program was made possible through the unwavering support of our President, Dr. Piyada Wattanasan, and her family—especially Ms. Kanitvipa Wattanasan—whose encouragement and help with costumes were invaluable.

The skit and choreography were guided by Aj. Kantinan "Bird", with performance

insights from Mr. Chan, a renowned character artist. The concept, script, music, narration, digital backgrounds, and production by Dr. Ruth, emphasized Christ as the source of wisdom, hope, and strength for all. Mr. Willard Jeff Pada helped support and coordinate this, making it part of the greater Christmas party celebration.

The program concluded joyfully, reminding everyone that the true meaning of Christmas is experiencing God's love through the birth of Jesus—Emmanuel, God with us.



A SEASON OF UNITY: TRSU CELEBRATES CHRISTMAS THROUGH SONG AND SACRED TRADITION

Christmas Carol Exchange Unites TRSU and Visiting School in Festive Celebration

On December 19, the Malasawan School, under the leadership of one the Reverend Sisters, shared the joy of the Christmas season with St Teresa International University (TRSU) through the warm hospitality of Dr. Piyada Wattanasan, Ajarn Suwat Benjathamatorn, Dr. Chaipat Wattanasan, administrators, lecturers, staff, and students. The guests delighted the TRSU community with Christmas carols, singing and dancing to celebrate the birth of Christ.

In response, students from TRSU’s English for Business Communication Department led Christmas carols for the visitors by performing the beloved Filipino classic “*Sa Araw ng Pasko*,” which translates as “On Christmas Day,” offering a heartfelt expression of cultural sharing and festive spirit.

TRSU Catholic Community Joins Saowapa Christmas Tradition

On the evening of December 19, the TRSU Catholic Community deepened its ties with the local church by actively participating in the cherished

Saowapa Christmas Tradition. Represented by lecturers: Dr. Ruth, Ajarn Leo, and Ajarn Willard, together with students: Lvan and Waiphone, the group joined parishioners and neighbors in a shared celebration of faith and the Christmas season.

The program opened with a solemn yet joyful Eucharistic Celebration at Saowapa Church, where participants gathered in prayer to commemorate the birth of Jesus Christ. Following the Mass, the community took part in a lively procession, carrying the image of the Baby Jesus to five different homes, where families offered prayers of thanksgiving and blessings for the coming year.

At each stop, residents welcomed the procession with devotion and hospitality, turning the neighborhood into a living expression of shared faith and traditional Christmas customs. Hymns, short prayers, and moments of reflection highlighted the significance of Christ’s presence in family life and in the wider community.

The final visit of the evening was to the residence of the University President, Dr. Piyada Wattanasan, who, together with her family, graciously opened her

home to the procession. The group shared a festive dinner marked by warm conversation, gratitude, and fellowship, further strengthening the bonds between TRSU, Saowapa Church, and the surrounding community.

Through this meaningful participation, the TRSU Catholic Community not only honored a local religious tradition but also embodied the university’s commitment to spiritual growth, service, and community engagement.

Lights, Prayer, and Hospitality: My First Church Visit

By: Wai Phone Maung, Aeronautics Year 1

I want to share my experience which happened on Friday, December 19, 2025. After finishing our university Christmas event, we visited a church near Ongkharak. It was my first time ever visiting a church, and I was amazed by what I saw inside.

Even though the Father spoke in Thai and I couldn’t understand every word, I watched the way people prayed. It felt like they were talking to God about their lives and asking for guidance. Afterward, we participated in a beautiful tradition: following a car

decorated with bright, colorful lights and an image of Baby Jesus.

We visited several houses to sing songs and pray. I was touched by the kindness of the neighbors who gave us snacks like bread and milk. Our final stop was the University President’s house. After the prayers were finished, the President treated us to a feast of Thai food and desserts. I especially loved the savory noodle soup with gravy (*Rad Na*) and the pumpkin in coconut milk.

I want to say a big “Thank You” to our President for welcoming us so warmly and for taking the time to speak with me. This first experience of seeing how Christians celebrate was very special to me.



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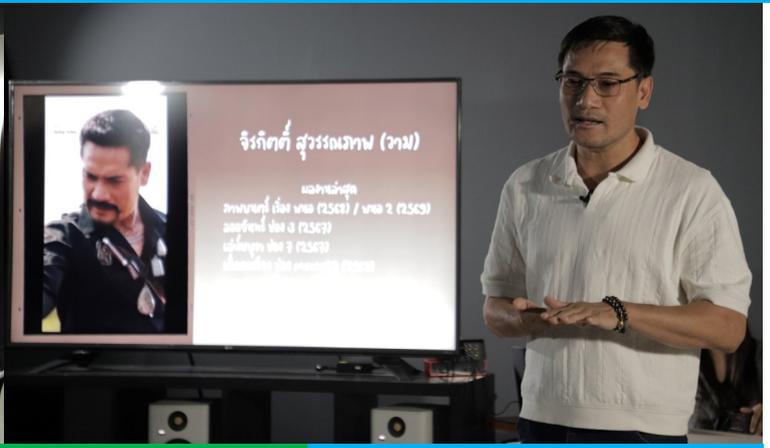
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MASTERING THE “MAGIC IF”: DIGITAL MEDIA STUDENTS EXPLORE ADVANCED ROLE-PLAYING TECHNIQUES

By: Nattapong Leksorn, Digital Media Year 1

On December 17, 2025, the Digital Media Program within the Faculty of Humanities and Social Sciences (HuSo) at St Teresa International University (TRSU) hosted an immersive seminar titled “Magic If: Role-Playing Techniques.” The event was designed to bridge the gap between academic theory and professional performance, providing students with a deep dive into character development and psychological realism.

The seminar was headlined by a distinguished guest speaker, Mr. Jirakit Suwannaphap (Warm). As a celebrated actor, television host, and seasoned public speaker, Mr. Jirakit brought a wealth of industry experience to the classroom. He shared exclusive insights into the professional world of media, offering students a rare look at the techniques used by top-tier

performers to bring authenticity to their roles.

The Power of the “Magic If”

Central to the workshop was the concept of the “Magic If,” a cornerstone of the Stanislavski System of acting. The technique encourages performers to ask, “How would I act if I were in this character’s specific situation?” This psychological trigger allows creators and actors to move past surface-level imitation and reach a level of genuine emotional truth.

By mastering this technique, Digital Media students learned how to:

- Enhance Storytelling: Create more relatable and three-dimensional characters for film and digital content.
- Improve Creative Communication: Use empathy and role-playing to

better understand target audiences.

- Strengthen Performing Arts Skills: Apply in-depth psychological markers to their own performances in media production.

A Hub of Inspiration

The atmosphere in the seminar hall was electric, characterized by high levels of student engagement and hands-on participation. Students were encouraged to step out of their comfort zones through various role-playing exercises under Mr. Jirakit’s expert guidance.

“This seminar wasn’t just about acting; it was about understanding human behavior,” noted one participant. “It gave us the tools to make our digital stories feel more

real and impactful.”

The event concluded with an engaging Q&A session, allowing students to seek further advice on the media industry. The day ended with a group photo to commemorate the successful initiative. This seminar reflects the Faculty’s ongoing commitment to ensuring TRSU graduates are not only academically proficient but also professionally prepared for the evolving world of creative communication.



CULTIVATING MINDFULNESS: FACULTY OF NURSING HOSTS MEDITATION RETREAT AT WORLD PEACE VALLEY

KHAO YAI — Between December 15 to 18, 2025, fourth-year nursing students from St Teresa International University (TRSU) participated in a transformative meditation and Dhamma retreat at the World Peace Valley in Khao Yai.

Led by Ajarn Vipa Pengsam, Dean of the Faculty of

Nursing Science, the program was designed to foster mindfulness (*Sati*), wisdom (*Panya*), and inner peace among graduating seniors. As these students prepare to enter the healthcare workforce, the retreat provided a vital opportunity to develop the mental resilience and emotional stability required

for a high-pressure profession.

The project emphasizes that nursing is not only a matter of physical skill but also of emotional intelligence. By practicing meditation, students gained a deeper understanding of how to maintain a calm, positive mindset—qualities that are essential for providing

compassionate and high-quality patient care.

This retreat is part of TRSU’s ongoing commitment to developing “holistic nurses” who are as mentally prepared as they are clinically skilled to serve the community.



TRSU STUDENTS BRIDGE THEORY AND PRACTICE WITH VISIT TO ICHITAN GREEN FACTORY AND TANLAND

AYUTTHAYA - On December 3, 2025, a delegation of faculty members and students from St Teresa International University (TRSU) stepped out of the classroom and into the future of sustainable manufacturing during a study visit to the Ichitan Green Factory and the Tanland Learning Center in Ayutthaya Province.

The interdisciplinary group included representatives from the Faculty of Humanities and Social Sciences (English for Business Communication

program) led by Ajarn Leo Anthony Flores and the Faculty of Business Administration (International Business, Hotel and Tourism, and Logistics Management programs) led by Ajarn Pranav Thakre. The visit was designed to provide real-world insights into modern production, digital management, and sustainable business practices.

During the tour, students explored Ichitan’s dynamic business journey and its adoption of cutting-edge, AI-

driven innovations. A major focus of the visit was understanding how modern operations balance high market demand with environmental responsibility.

Highlights of the Tanland Learning Center included the interactive “Transformer” and “Greennovative” zones. Here, students experienced firsthand how technology is integrated into the production line to maximize efficiency while maintaining a commitment to sustainability.

This immersive experience allowed students from various business and communication disciplines to see the practical application of concepts learned in their coursework.

St Teresa International University (TRSU) extends its sincere appreciation to the management and staff of the Ichitan Green Factory and Tanland for their warm welcome and for providing this valuable learning opportunity to our students and faculty.



SPREADING THE JOY OF LEARNING: HUSO STUDENTS BRING ACADEMIC SERVICE TO PATTARAPITTAYAJARN SCHOOL

NAKHON NAYOK — December is widely known as the season of giving and celebration, but for students from the Faculty of Humanities and Social Sciences (HuSo) at St Teresa International University, it was also a season of service.

On December 18, 2025, a vibrant group of HuSo students traveled to Pattarapittayajarn School in Ongkharak to share their passion for English and digital media with local senior high school students. This “Academic Service” initiative

was more than just a school visit; it was a festive bridge built between university life and the local community.

Four Stations, One Goal

The three-hour program transformed the classroom environment into a hub of laughter and camaraderie. Students were divided into four groups, rotating through interactive activity stations designed to make learning feel like a holiday celebration:

- English for Business Communication (Years 1–

3): Led three high-energy stations focused on language immersion and interactive games.

- Communication Arts – Digital Media (Years 1–3): Facilitated a creatively charged station showcasing the power of digital storytelling.

Guidance and Success

The event’s success was anchored by the dedicated mentorship of Aj. Khomson, Dr. Ruth, Aj. Omega Rose, Aj. Leo Anthony, and Miss Chalita.

Their commitment ensured the program ran seamlessly, fostering an environment where new friendships could flourish alongside academic skills.

The Faculty of Humanities and Social Sciences is incredibly proud of its students for their energy and dedication. As we look back on this memorable event, we are already inspired to create more opportunities to impact our community in the years to come.

UNITY IN RELIEF: TRSU COMMUNITY RALLIES FOR SOUTHERN FLOOD VICTIMS



In a powerful display of compassion and community spirit, the Student Affairs Office (SAO), in collaboration with the Nursing Students Union of the Faculty of Nursing Science at St Teresa International University (TRSU), has launched a donation drive to support those impacted by the severe flooding in Southern Thailand.

The initiative has seen a generous outpouring of support from university lecturers, staff, and student volunteers. Together, the TRSU community is collecting essential items, daily necessities, and relief supplies to be sent directly to the affected regions.

Hope and Encouragement

Beyond providing physical aid, the

campaign aims to send a message of solidarity and encouragement to our fellow citizens in the South. The organizers expressed their hope that these contributions will help ease the burden of families facing this critical situation and provide them with the strength to overcome these challenges.

“We are proud to see our students and staff step up to help those in need,” a representative from Student Affairs shared. “This activity reflects our university’s core values of service and empathy.”

The TRSU community extends its heartfelt thoughts to all those affected, wishing them a safe and swift recovery as they begin to rebuild.

HEROES IN UNIFORM: TRSU NURSING FACULTY AND STUDENTS PRAISED FOR LIFE-SAVING RESPONSE



area, a team from the TRSU Faculty of Nursing Science witnessed a serious collision between a motorcycle and a car. Demonstrating immediate initiative and the “volunteer spirit,” the

St Teresa International University (TRSU) is proud to announce that the Thailand Nursing Council has officially commended a team of our faculty members and students for their heroic actions and professional excellence during a recent emergency.

On December 4, 2025, while traveling in the Nakhon Nayok

team stopped to provide life-saving assistance. The responders included: Aj. Suhree Nungarli, Aj. Pennapa Phummai, Ms. Supakan Nuprachone (3rd Year), Ms. Papichaya Ruamwong and Mr. Akarapol Udomtham (2nd Year).

Professional Excellence Under Pressure

Upon reaching the scene, the

team conducted a rapid primary assessment of the motorcyclist. The victim was found to be suffering from chest pain and dyspnea (shortness of breath), along with an open wound on the right hand. Utilizing their professional training, the team performed several critical tasks:

1. Emergency First Aid: Stabilized the victim and treated the hand injury.
2. Vitals Monitoring: Monitored the victim’s pulse and respiratory status.
3. Coordination: Effectively communicated with emergency services to dispatch an ambulance.
4. Assisted Transfer: Helped safely move the patient into the ambulance for hospital transport.
5. Legal Support: Remained on-site to provide official witness statements to local police.

A Commendation from the Thailand Nursing Council

In an official statement, the Thailand Nursing Council expressed deep admiration for the group’s “Hearts of Gold.” The Council highlighted the team as exemplary role models who utilized their professional knowledge for the benefit of humanity and the happiness of society. “*Their immediate response and selflessness represent the very best of the nursing profession,*” the Council noted.

Upholding TRSU Values

This act of service perfectly reflects the mission of the TRSU Faculty of Nursing Science: to produce graduates who are not only academically proficient but also compassionate and ready to serve their communities. We congratulate our faculty and students for their bravery and for bringing honor to the university.

THAILAND PROUDLY HOSTED THE 33RD SOUTHEAST ASIAN (SEA) GAMES

From December 9 to 20, welcoming athletes and spectators from across the region. The Games officially began with a vibrant opening ceremony at Rajamangala National Stadium, presided over by His Majesty King Vajiralongkorn and inspired by the theme “We Are One,” a message that reflected unity and regional solidarity.

Throughout the competition period, athletes, coaches, and

trainers traveled to different parts of the country, turning Thailand into a lively stage for sporting excellence. Fans filled stadiums and venues, cheering enthusiastically and creating an atmosphere of excitement that extended far beyond the arenas.

The Games were marked by several memorable achievements and outstanding performances. Thailand dominated the overall medal standings, earning 233 gold, 154 silver, and 108 bronze medals—an unprecedented result that exceeded the previous gold medal record set in 2021. In taekwondo, the host nation made history by capturing 10 gold medals, underscoring its strength

in the sport.

Weightlifting also delivered headline-making moments, as Indonesian athlete Rizki Juniansyah broke world records in both the clean and jerk and the combined total. On the athletics track, Philippine pole vaulter EJ Obiena continued his dominance by winning his fourth consecutive SEA Games title and setting a new regional record. Thailand’s own Puripol Boonson, known to fans as “Bew,” thrilled the home crowd by winning the men’s 100-meter sprint with a sub-10-second finish.

Another milestone came in ice hockey, where the Thai

women’s team claimed gold in the first-ever women’s ice hockey event at the SEA Games. Much of Thailand’s success across the competition was driven by strong showings in jujitsu and Muay Thai, along with consistent performances in cycling and canoeing.

More than just a medal count, the 33rd SEA Games highlighted the spirit of sportsmanship, friendship, and mutual respect among Southeast Asian nations. The event served as a powerful reminder that sports not only celebrate competition but also bring people together across cultures and borders.