



On January 30, 2026, St Teresa International University (TRSU) hosted its annual International Day celebration at the Joseph Marie Building (JMB). The vibrant event drew administrators, staff, lecturers, students, and special guests, fostering a spirit of global unity through cultural showcases and festivities.

The program began with the lighting of the candles offered to the image of the Mother Mary led by Dr. Annop Pohthisuk, Director of the Quality Assurance Office (QAO), expressing gratitude to God. This was followed by the singing of the TRSU hymn and an engaging introduction by Aj. Leo Anthony Flores, a lecturer

from the Faculty of Humanities and Social Sciences (HuSo). Dr. Annop then delivered a warm welcome address, setting an inclusive tone for the day.

An energetic intermission by the TRSU K-pop Dance Squad and selected education students followed, featuring a multilingual song performance that captivated the audience. The main program commenced with the introduction of the judging panel: Dr. Joe Capehart, Dr. Ruth Amala, Ajarn Brandon Holiday, and Mr. Gon Seng Maw Sumlut (Liam).

Nine groups then presented authentic cultural shows:

- Faculty of Public Health (Italy)

- Nursing Y1S1 (Laos)
- Faculty of Business Administration (France)
- Faculty of Humanities and Social Sciences (India)
- Faculty of Education (Vietnam)
- Nursing Y1S2 (China)
- Nursing Y1S3 (Japan)
- International Students (Myanmar)
- Nursing Year 2 (Thailand)

While judges deliberated, attendees enjoyed international food booths representing the performing countries, plus Argentina, Colombia, and South Africa. Feasting on global cuisines added to the festive atmosphere. Intermissions included a passionate Argentine

song performance by Ms. Natalia Martinez, English Education Department and a soulful song by Mr. Yaw Sep Galau, Science Education Department.

- **Cultural Show:** 3rd placer: Nursing Year 2; 2nd placer: International Students; 1st placer: Faculty of Humanities and Social Sciences
- **Booth Competition:** Winner: Faculty of Education
- **Best in Costume:** Nursing Year 2 and Nursing Year 1 Section 1

This well-organized event not only celebrated diversity but also strengthened community bonds at TRSU through shared traditions, performances, and flavors from around the world.



## THE FINAL CHAPTER OF MY UNIVERSITY LIFE



**My Internship Experience at Bangkok Aviation Center**  
*By Minkun Lee,*  
**Air Traffic Control, Year 4**

Working in the aviation industry has always been my dream. To take my first step toward this goal, I participated in an internship at Bangkok Aviation Center (BAC) from November 2025 to January

2026. This internship provided me with valuable exposure to real-world aviation operations and helped me understand the importance of safety, responsibility, and professionalism in this field.

During the internship, I was involved in aerodrome and approach control for training aircraft. My responsibilities included controlling aircraft

movements from engine start-up to takeoff and guiding them to join designated routes or return as required. The primary objective of this role was to prevent collisions and ensure a safe and orderly flow of air traffic within the institute's airspace.

In addition to air traffic control duties, I was also assigned the role of Flight Operator during periods with no arriving or departing aircraft. In this role, I prepared flight plans based on daily flight schedules provided by BAC and completed all required flight documentation. I also conducted pre-flight license verification and alcohol checks for student pilots and instructors, allowing them to fully focus on their pre-flight procedures. Furthermore, I continuously monitored METAR updates to remain alert to any significant weather changes during scheduled flight hours.

One of the most meaningful aspects of this internship was

realizing how classroom knowledge is applied in real aviation operations. The theories and procedures learned through lectures and simulation classes played a significant role in helping me understand the flow of actual air traffic control tasks. This experience strengthened my situational awareness, decision-making skills, and safety-oriented mindset.

Through this internship, I gained a broader perspective on aviation operations from both operational and air traffic control viewpoints. More importantly, it reinforced my desire to pursue flight training and a future career in aviation. I now understand that this industry requires not only technical knowledge but also extensive experience, discipline, and a strong commitment to safety and security. This internship was a meaningful first step toward my long-term goal of becoming a professional pilot.



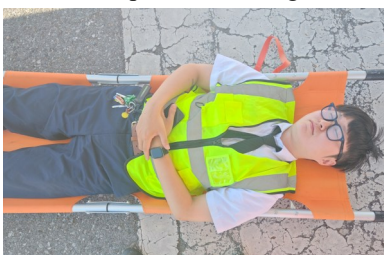
**From the Tower to the Operations Desk: A High-Energy Aviation Internship**  
*By: Kankamol Suknivatsiri,*  
**Air Traffic Control, Year 4**

During the first month of my internship at Bangkok Aviation Center (BAC), I was primarily stationed in the Air Traffic Control (ATC) tower, where I gained hands-on experience with tower positions. In the second month, my responsibilities shifted to Flight Operations, focusing on documentation, licensing, and flight planning.

A highlight of my second month was participating in a large-scale security and emergency response drill. My friend and I volunteered to play

the roles of injured persons during the simulation. It was an exciting experience to see the coordination between the ambulance, police, and firefighting teams.

Now in my final month, I am working full-time in the Flight Operations room. It has been busier than usual because we are currently hosting student pilots and flight instructors from another airport for training.



**From Screening to Selection: Developing the Consultant Mindset**  
*By: Pattarakorn Phurimethidol,*  
**English Business for Communication, Year 4**

During my internship as a Recruitment Consultant at Elabram Recruitment Thailand Co., Ltd, Bangkok, I was involved in supporting the end-to-end recruitment process. My responsibilities included sourcing candidates through job portals and social media, screening resumés, conducting initial phone interviews, and coordinating interview schedules between candidates and clients.

I also assisted in maintaining candidate databases, preparing interview summaries, and communicating with candidates regarding job opportunities and application status. Through this role, I developed strong communication skills, learned how to assess candidate suitability, and gained a better understanding of recruitment strategies and client requirements.

Overall, this internship enhanced my professional skills, confidence, and understanding of the recruitment industry, and provided valuable hands-on experience relevant to my future career.



## THE FINAL CHAPTER OF MY UNIVERSITY LIFE



### From Observer to Educator: A Journey in Confidence

*By: Pubet Bunprakhen, Education Mathematics, Year 4*

My internship at Thanyaburi School, Pathumthani Province has evolved from simple observation to actively leading lessons in real classrooms. Initially, I felt quite nervous; I worried that my explanations wouldn't be clear enough for the students to grasp the material. However, after my first session, my confidence grew significantly. I found myself speaking more fluently and feeling much more comfortable at the front of the room.

During my free time, I observe other teachers to study their techniques, which I then adapt to my own style. What started as anxiety has gradually turned into genuine enjoyment. By interacting and engaging with the students, I've built a strong rapport while maintaining a professional learning environment. I am also enjoying the challenge of applying my university theories to real-world situations and experimenting with different methods. Overall, everything is going well, and I am committed to giving my best every day.

### Bridging Clinical Care and Community Health: My Public Health Internship

*By: Sarayut Khong-iat, Public Health, Year 4*

During my internship as a public health student at Somdejya 84 Health Promoting Hospital, I gained a comprehensive understanding of how primary healthcare services are delivered within the community setting. The experience allowed me to observe and actively participate in both clinical and preventive healthcare activities. My daily responsibilities included assisting with wound care, preparing and dispensing

medication under supervision, accurately documenting patient records, and monitoring vital signs such as blood pressure and blood glucose levels. I also played an active role in supporting vaccination services, which strengthened my understanding of disease prevention and public health safety measures.

Beyond clinical tasks, I participated in various community-based initiatives, including conducting health surveys, supporting mosquito control and disease prevention activities, and implementing health promotion programs in collaboration with village health volunteers. These

experiences highlighted the crucial link between clinical services and community-level health interventions in improving population health outcomes.

Overall, this internship enabled me to develop essential practical and technical skills, enhance my communication and teamwork abilities, and gain a clearer professional perspective on the real-world practice of public health. It also reinforced my commitment to serving communities through preventive care, health education, and collaborative public health efforts.



### Stepping Beyond the Classroom: My Internship Journey at Suvarnabhumi Airport

*By: Vissarat Udomdet, Airline Business, Year 4*

I completed a four-month internship with Bangkok Flight Services (BFS) at Suvarnabhumi Airport from October 4, 2025 to February 6, 2026. What began as a graduation requirement became one of the most valuable experiences of my university life, allowing me to step into real aviation operations.

As a Passenger Service Agent, I supported four international airlines: Scoot, Jetstar Airways, Peach Aviation, and Air Japan. My duties included check-in, boarding gate operations, and

flight documentation. Working in a fast-paced international airport environment taught me the importance of accuracy, time management, and clear communication, as even small mistakes can affect an entire flight.

One of the most challenging tasks was handling INAD passengers who were denied entry by immigration authorities. These situations required patience, professionalism, and strong communication skills. I learned to remain calm under pressure while protecting airline standards.

A proud moment was coordinating aircraft arrivals and communicating directly with the Captain and Purser. Successfully ensuring smooth



coordination made me feel like a true part of the aviation team.

After the internship, I chose to continue working with BFS to gain more hands-on

experience before pursuing a full-time airline career. This experience confirmed my passion for aviation and laid the foundation for my professional future.



# Congratulations!

## GRADUATES

### CLASS OF 2025

## ST TERESA INTERNATIONAL UNIVERSITY

### TRSU LAUNCHES GRADUATING STUDENTS INTO CAREERS WITH POST-ORIENTATION POWER SESSION



St Teresa International University (TRSU), in collaboration with the Student Affairs Office (SAO), hosted an empowering Post-Orientation session on February 6, 2026, at the Joseph Marie Building (JMB), specifically designed for graduating students to build career readiness and job skills. The dynamic half-day event began with a registration from 8:00–8:30 a.m., followed by an opening prayer and inspiring

message from the University President, Dr. Piyada Wattansan. Key sessions included Asst. Prof. Dr. Ubon Dhanesschaiyakupta, Dean of the Faculty of Humanities and Social Sciences, delivering a motivational talk from 8:30–9:00 a.m. on “How to Land a Job,” emphasizing resumé crafting, networking, and interview strategies; Assoc. Prof. Dr. Suphak Pibool, Dean of the Faculty of Education,

guiding on “Self-Regulation During the First 5 Years of Work” from 9:00–9:50 a.m. to foster discipline and work-life balance; Dr. Annop Pohthisuk, Director of Educational Quality Assurance Office, exploring “Digital Technology & Career Development” from 10:00–11:00 a.m. with insights on AI tools and online platforms; Aj. Amarjeet Singh Mastana, Lecturer in the Faculty of Business Administration,

discussing TRSU’s master’s programs from 11:00–11:30 a.m.; and Ms. Kamollnate Kullatumpaiboon, Student Loan Representative, providing essential guidance on student loans from 11:30 a.m.–12:00 p.m. This comprehensive program reflects TRSU’s dedication to equipping graduates with practical tools for professional success, leaving them energized and ready to thrive.

**INTERNSHIP PRESENTATION**



**Faculty of Humanities & Social Sciences**

On February 6, our English for Business Communication graduating students proudly shared their internship experiences with Faculty of Humanities and Social Sciences Deputy Dean Dr. Boonruang, faculty lecturer Dr. Pushpraj, and junior students. The session let soon-to-be graduates reflect on their journeys—highlighting key learnings, overcome challenges, celebrated achievements, and insights that fueled their professional growth.

After the one-hour presentations, a fun mini “Byenior” celebration lit up the Language and Arts Edifice. Juniors, the deputy dean, and faculty welcomed the fourth-year English for Business Communication and Communication Arts-Digital Media students with waving flags, cheers, photos, and videos that captured the festive pride of this milestone.

The deputy dean, lecturers, and student reps then shared heartfelt messages and well-wishes. Two seniors responded with thanks to all who joined.



Juniors presented small tokens as symbols of pride and gratitude for their seniors’ inspiring paths.

The event wrapped at the football field with a symbolic “boom-boom”—a short, unifying moment of triumph. Simple yet heartfelt, it celebrated friendship, accomplishments, and the bright futures ahead.

**Faculty of Education**



Graduating students from the English and Mathematics majors in the Faculty of Education delivered inspiring internship presentations. The English sessions were spearheaded by Department Head Aj. Dario, while those for Mathematics were led by Department Head Dr. Dwip.

The events highlighted students’ real-world experiences, challenges overcome, key learnings, and professional growth insights—offering valuable guidance to juniors in attendance. Faculty Dean Assoc.

Prof. Supak Phibool capped the presentations with warm, encouraging messages for the graduating class, celebrating their achievements and bright futures ahead. At the conclusion, teachers presented heartfelt souvenirs as tokens of pride and appreciation for their students’ hard work and dedication.

**Faculty of Business Administration**

The day kicked off with a delightful luncheon honoring graduating students from the Airline Business, Air Traffic Control, Hotel and Tourism, Logistics, and International Business departments. Faculty Dean Dr. Chaipat opened the event with warm greetings, celebrating the students’ milestones and inspiring them for the journeys ahead.

Presentations followed, showcasing real-world internship insights, challenges conquered, achievements earned, and lessons that shaped their professional

paths—offering juniors a front-row seat to practical wisdom.

The Air Traffic Control (ATC) group presented first in the immersive mock-up room, spearheaded by Aj. Surath. Meanwhile, sessions for Airline Business (AB), Hotel and Tourism (HT), International Business (IB), and Logistics (LG) took place at the Joseph Marie Building, led by Dr. Chaipat, Dr. Malee, Dr. Alfredo, Dr. Juan, and other lecturers. Juniors eagerly watched and learned from their seniors’ internship stories, fostering excitement and connection across the faculty.

**Faculty of Public Health**

Fourth-year students from the Bachelor of Science Program in Occupational Health and Safety, and the Bachelor of Public Health Science Program, delivered their final internship presentations at TRSU’s Administrative Building. These sessions showcased real-world experiences, challenges overcome, key achievements, and practical insights—providing juniors with a roadmap for their own future internships.

Faculty Dean extended warm, encouraging messages to both the graduating students, celebrating their growth and readiness for professional life, and to the juniors in attendance, who eagerly watched, learned valuable lessons, and received targeted advice for succeeding in the field.



ST TERESA INTERNATIONAL UNIVERSITY

# HAPPY CHINESE NEW YEAR 2026



**WORLD-PEC**

**Congratulations**

University

The 16<sup>th</sup> World Peace Ethics Contest 2025

**Examination Results**

| Name                     | School                             | Prize                  |
|--------------------------|------------------------------------|------------------------|
| Aye Gabyar               | Assumption University of Thailand  | 4 <sup>th</sup> Prize  |
| Shruti Narayan           | Assumption University of Thailand  | 5 <sup>th</sup> Prize  |
| Megan Kruger             | St Teresa International University | 6 <sup>th</sup> Prize  |
| Alexander Cherdintsevs   | Assumption University of Thailand  | 7 <sup>th</sup> Prize  |
| August Arkar Soe         | Assumption University of Thailand  | 8 <sup>th</sup> Prize  |
| Nang Ying Noom Lao       | Krirk University                   | 9 <sup>th</sup> Prize  |
| Kaung Zaw Han            | Assumption University of Thailand  | 10 <sup>th</sup> Prize |
| Phoo Pyae Sone Myint     | Assumption University of Thailand  | 11 <sup>th</sup> Prize |
| Vanessa Agyemang Prempeh | Assumption University of Thailand  | 12 <sup>th</sup> Prize |
| Yan Shin Khant           | Assumption University of Thailand  | 13 <sup>th</sup> Prize |
| Ei Thinzar Myint         | Assumption University of Thailand  | 14 <sup>th</sup> Prize |
| Khin Marlar              | Krirk University                   | 15 <sup>th</sup> Prize |
| Wichayada Lertchanvuth   | Assumption University of Thailand  | 16 <sup>th</sup> Prize |
| Atomu Saito              | Krirk University                   | 17 <sup>th</sup> Prize |
| Htet Aung Khant Win      | Assumption University of Thailand  | 18 <sup>th</sup> Prize |
| Thar Lin Htet            | Assumption University of Thailand  | 19 <sup>th</sup> Prize |
| Natalia Martinez         | St Teresa International University | 20 <sup>th</sup> Prize |
| May Phoo Ngon            | North Chiang Mai University        | 20 <sup>th</sup> Prize |
| Grant Olmsted            | Assumption University of Thailand  | 20 <sup>th</sup> Prize |

**OUTSTANDING ACHIEVEMENT IN THE 16TH WORLD PEACE ETHICS CONTEST 2025**

On February 8, 2026, the results of the esteemed 16th World Peace Ethics Contest 2025—hosted in Prachinburi Province—were revealed, filling St Teresa International University (TRSU) with immense pride. Our Faculty of Education shone brightly, as two exceptional students claimed top honors: Ms. Megan Kruger clinched an outstanding 6th place, and Ms. Nathalia Martinez secured a commendable 20th place. Competing against nearly 100 talented participants from universities across Thailand and Vietnam, they showcased profound ethical insight, innovative thinking, and unwavering dedication to global peace principles.

Heartfelt congratulations to Ms. Kruger, Ms. Martinez, their mentors, and the entire Faculty of Education for this inspiring achievement that elevates our institution's reputation!



**PUBLIC HEALTH STUDENTS IMMERSE IN LOCAL HEALTH SYSTEMS AT SARIKA FIELD VISIT**

*By: Piyathep Khamkhwa, Public Health, Year 2*

Nakhon Nayok — On January 28, 2026, Students from Year 1 to Year 3 at St Teresa International University's (TRSU), Faculty of Public Health, led the deputy dean of the faculty Ajarn Rattanathorn Intarak participated in an eye-opening field study visit to the Sarika Subdistrict Administrative Organization (SAO) Environmental Health Division and the Chalermphrakiat 60th Anniversary Health Promoting Hospital (Queen Sirikit) in Mueang District, Nakhon Nayok Province. This hands-on excursion focused on community public health systems,

On environmental health, occupational safety, and real-world service delivery, bridging academic theory with practical community impact. The delegation received a warm welcome from the hospital's healthcare team, who delivered a special lecture on modern public health operations. The morning unfolded at the SAO with an in-depth introduction to the administrative structure, environmental health frameworks, and occupational health and safety management—clarifying how local organizations implement vital services to protect residents.

Public health officers detailed their roles in safeguarding community well-being through disease prevention, workplace inspections, and environmental monitoring. Vivid video presentations brought these concepts to life, showcasing actual workflows from routine checks to emergency responses, which deepened students' grasp of frontline challenges and solutions. In the afternoon, the group toured the Queen Sirikit Health Promoting Hospital, observing primary care in action. They witnessed health personnel providing

consultations, health education, and outreach programs directly to community members, revealing the human-centered dynamics of accessible healthcare. This enriching visit not only expanded students' knowledge and perspectives but also ignited passion for applying these insights in their studies and future public health careers. It underscored TRSU's commitment to experiential learning that builds competent, compassionate professionals ready to serve local communities.



**TRSU CHAPEL HOSTS FINAL EUCHARISTIC CELEBRATION FOR A.Y. 2025**

On February 11, 2026, St Teresa International University (TRSU), in collaboration with the TRSU Catholic Club and Catholic community, gathered for a deeply moving final Eucharistic celebration of Academic Year 2025, honoring the Feast Day of the Our Lady of Lourdes. Presided over by Reverend Father Nguyen, the Eucharistic celebration drew a diverse congregation that reflected the university's vibrant spirit of faith and unity.

University leaders joined this solemn occasion, including University President, Dr. Piyada Wattanasan, Vice President for Administrative Affairs, Ajarn Suwat Bejathamatorn, and Vice President for Academic Affairs, Dr. Chaipat Wattanasan. Their presence underscored the event's significance as a shared moment of reflection, gratitude, and renewal—celebrating the academic year's milestones while embracing future

blessings.

This heartfelt farewell liturgy strengthened communal bonds and reaffirmed TRSU's dedication to nurturing spiritual

growth alongside academic excellence, leaving all participants uplifted and inspired for the path ahead.



**CHINESE AFFAIRS OFFICE AND CHINESE SCHOLARS AT TRSU**



**Wang Shizhao**

**Oliver Feng**

**Huang Chenglian**

**Xie Yanhui**

**Liu Jiaxiao**

**Mr. Wang Shizhao**

Mr. Wang Shizhao serves as the Manager of the China Affairs Office at St Teresa International University. He is responsible for fostering educational collaborations between the university and various Chinese educational institutions. His work focuses on promoting academic exchanges, enhancing the university's visibility in China, and expanding its presence in the Chinese education market.

Educational Background:  
*Master of Arts* in Teaching Chinese, Huachiew Chalermprakiet University  
*- Doctor of Science* in Industrial Education (Educational Administration), King Mongkut's Institute of Technology Ladkrabang

**Mr. Oliver Feng**

Mr. Oliver Feng serves as the Assistant of the China Affairs Office at St Teresa International University. Before joining the university, he gained national recognition in China as a spokesperson for the China Central Television (CCTV) program "Star of Outlook." His experience in media and international relations contributes greatly to strengthening communication and cooperation between St Teresa International University and its Chinese counterparts.

Educational Background:  
*Bachelor of Business Administration* in Global Entrepreneurship (Second Class Honors), King Mongkut's Institute of Technology Ladkrabang  
*- Master of Industrial Business*

*Administration*, King Mongkut's Institute of Technology Ladkrabang  
*- Doctor of Philosophy* in Industrial Business Administration, King Mongkut's Institute of Technology Ladkrabang

**Ms. Huang Chenglian**

Ms. Huang Chenglian, from Guangdong Province, China, currently serves as Vice Dean at a university in China. She is pursuing her Doctor of Philosophy in Educational Administration at St Teresa International University, where she aims to expand her expertise in educational leadership and institutional management.

**Ms. Xie Yanhui**

Ms. Xie Yanhui, also from Guangdong Province, China,

works at the Guangdong Institute of Technology. She is currently enrolled in the Master of Business Administration Program in Modern Business Administration at St Teresa International University, focusing on developing advanced business strategies and management skills.

**Ms. Liu Jiaxiao**

Ms. Liu Jiaxiao, from Guangdong Province, China, is likewise affiliated with the Guangdong Institute of Technology. She is pursuing a Master of Business Administration in Modern Business Administration at St Teresa International University, aiming to strengthen her knowledge in global business practices and leadership.

**HOW I PREPARE FOR THE FINAL EXAMINATION**

By: *Thanakit Noithanom, Public Health, Year 3*



Final exams represent a high-stakes period where students often grapple with intense pressure and heavy workloads. Proper preparation is essential for peak performance and strong results, starting with clearing unfinished tasks like assignments, reports, or projects ahead of time. This frees mental space, slashes stress, and lets you dive fully into targeted review.

Next, map out the days until each exam to craft a realistic schedule. Prioritize tougher subjects or weaker areas with extra slots, ensuring deep dives into challenging material while lighter

reviews fit the gaps. This balanced approach maximizes retention without burnout.

Boost retention by jotting summaries in your own words—handwriting cements concepts better than passive reading. Pair this with group study or teaching peers: explaining ideas aloud uncovers gaps, sparks discussions, and solidifies understanding through active recall.

Ultimately, exam success hinges on strategic planning, time mastery, and smart techniques—not just brute-force cramming. These steps build unshakable confidence and pave the way for standout results.

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